



## Global Multiple Myeloma Academy – Day 1

**Emerging and Practical Concepts in Multiple Myeloma** June 18–19, 2021

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## Welcome and Meeting Overview

Rafael Fonseca, MD





#### Chair





Irene Ghobrial, MD Dana-Farber Cancer Institute, USA



Vania Hungria, MD, PhD São Germano Clinic, Brazil



Keith Stewart, MBChB, MBA Princess Margaret Cancer Centre, Canada



María-Victoria Mateos, MD, PhD University of Salamanca, Spain

Rafael Fonseca, MD Mayo Clinic Cancer Center, USA



**Natalia Schütz, MD, MS** Instituto Universitario del Hospital Italiano de Buenos Aires, Argentina



**Faculty** 

Humberto Martínez Cordero, MD, MSc National Cancer Institute, Colombia



**Jorge Vela-Ojeda, MD, PhD** CMN La Raza, Mexico



## **Objectives of the Program**

Share key data from recent conferences that could lead to improved treatment and management for patients with myeloma Discuss early treatment strategies for smoldering myeloma and initial therapies for multiple myeloma Provide insights into the evolving role of minimal residual disease (MRD) monitoring in the management of patients with multiple myeloma

Present the latest research on identifying multiple myeloma patients at high risk for early relapse, and management strategies for early relapse Discuss the benefits and limitations of current options for treating patients with multiple myeloma refractory to multiple therapeutic modalities

Bring in the regional multiple myeloma perspective



## Agenda Day 1

Time (UTC –3)	Торіс	Speaker
6.00 РМ – 6.15 РМ 15 min	<ul> <li>Welcome and Meeting Overview</li> <li>Introduction to audience response system (ARS)</li> </ul>	Rafael Fonseca, MD
6.15 РМ – 6.35 РМ 20 min	<ul> <li>Smoldering Multiple Myeloma</li> <li>Diagnosis, criteria, and when and how to intervene (15 min; 5-min discussion)</li> </ul>	Irene Ghobrial, MD
6.35 РМ – 6.55 РМ 20 min	<ul> <li>Role of Minimal Residual Disease in Multiple Myeloma</li> <li>Prognostic value, clinical relevance, and MRD-driven therapeutic guidance (15 min; 5-min discussion)</li> </ul>	Rafael Fonseca, MD
6.55 РМ – 7.15 РМ 20 min	<ul> <li>Frontline Therapy for Newly Diagnosed Transplant-Eligible Multiple Myeloma: The Role of Transplantation</li> <li>Guidelines, induction therapies, and how and when to transplant (15 min; 5-min discussion)</li> </ul>	Vania Hungria, MD, PhD
7.15 РМ – 7.30 РМ 15 min	Break	
7.30 РМ – 7.50 РМ 20 min	<ul> <li>Optimal Use of Consolidation and Maintenance Therapy</li> <li>Evolving insights in consolidation and maintenance treatment after transplant (15 min; 5-min discussion)</li> </ul>	Jorge Vela-Ojeda, MD, PhD
7.50 РМ – 8.15 РМ 25 min	<ul> <li>Frontline Therapy for Newly Diagnosed Transplant-Ineligible Patients</li> <li>Criteria, guidelines, and treatment choices (15 min; 10-min discussion)</li> </ul>	Keith Stewart, MBChB, MBA
8.15 РМ – 8.30 РМ 15 min	<ul> <li>Patient Case Discussion: Newly Diagnosed + Relapsed/Refractory Multiple Myeloma</li> <li>10-min presentation; 5-min discussion</li> </ul>	Eloísa Riva, MD
8.30 РМ – 8.45 РМ 15 min	Session Close     ARS questions	Rafael Fonseca, MD



## Agenda Day 2

Time (UTC –3)	Торіс	Speaker
6.00 РМ – 6.10 РМ 10 min	Session Open	Rafael Fonseca, MD
6.10 РМ – 6.30 РМ 20 min	<ul> <li>Identification and Special Considerations for High-Risk Multiple Myeloma</li> <li>Risk stratification, prognosis, and treatment choices (15 min; 5-min discussion)</li> </ul>	María-Victoria Mateos, MD, PhD
6.30 РМ – 6.55 РМ 25 min	<ul> <li>Management of Early Relapse of Multiple Myeloma</li> <li>Definition, prognosis, and treatment choices (15 min; 10-min discussion)</li> </ul>	Rafael Fonseca, MD
6.55 РМ – 7.20 РМ 25 min	<ul> <li>Management of Heavily Pretreated Multiple Myeloma</li> <li>Optimal use of treatment choices in relapsed/refractory multiple myeloma, excluding T-cell engagers (15 min; 10-min discussion)</li> </ul>	Keith Stewart, MBChB, MBA
7.20 РМ – 7.30 РМ 10 min	Break	
7.30 рм – 8.20 рм 50 min	<ul> <li>New and Future Therapies for Multiple Myeloma</li> <li>Promising new developments in relapsed/refractory MM</li> <li>Latest trial updates and upcoming new strategies; focus on BCMA-directed therapies (35 min; 15-min discussion)</li> </ul>	Irene Ghobrial, MD
8.20 РМ – 9.15 РМ 55 min	<ul> <li>Patient Case Discussion: Relapsed/Refractory Multiple Myeloma</li> <li>Cases from the region will be discussed with the faculty – "tumor board approach"</li> <li>Relapsed/refractory MM, treatment challenges in the region – Natalia Schütz (Arg) <ul> <li>Case 1: Cristian Seehaus and Natalia Schütz (Arg)</li> <li>Case 2: Ana Luiza Miranda Silva Días and Vania Hungria (Bras)</li> <li>Case 3: Didier Larios Sanjuan and Humberto Martínez-Cordero (Col)</li> <li>Case 4: Sofía Sánchez and Jorge Vela-Ojeda (Mex)</li> </ul> </li> </ul>	All faculty
9.15 РМ – 9.30 РМ 15 min	Session Close     ARS questions	Rafael Fonseca, MD



## Introduction to the Audience Response System

Rafael Fonseca, MD





## **Functionality and Settings: Q&A**

After each presentation, there will be 5 minutes for Q&A Questions can be asked via the Q&A box

> Q&A box – type your question in the box





## **Functionality and Settings: Polling Questions**

# Pets - C ×

**Desktop View** 



**Choose Your Answer** Click on the answer (or answers if multiple choice) Select Submit After choosing your answer, select "Submit" to finalize

#### Mobile View



**Choose Your Answer** Click on the answer (or answers if multiple choice)



After choosing your answer, select "Submit" to finalize

Global Multiple Myeloma Academy



In what country do you currently practice?

- a) Argentina
- b) Brazil
- c) Canada
- d) Colombia
- e) Cuba
- f) Mexico
- g) Peru
- h) Uruguay
- i) Venezuela
- j) Other



Which of the following is not part of the new criteria for treatment initiation in MM?

- a) Plasma cells >60%
- b) Deletion 17p
- c) Two or more lesions on an MRI
- d) Extreme abnormalities in the free light chains





Which of the following is not true in the treatment of newly diagnosed MM?

- a) Deep responses are associated with better outcomes
- b) VGPR is an accepted benchmark as evidence of a good response
- c) Clinical trials are considering risk stratification
- d) Regimens that contain daratumumab have further increased response rates
- e) Maintenance prolongs overall survival for MM patients





# Smoldering Multiple Myeloma

Irene Ghobrial, MD







# **Smoldering Myeloma**

#### Irene Ghobrial, MD

**Professor of Medicine** 

Lavine Family Chair for Preventative Cancer Therapies Director of Center for Prevention of Progression (CPOP) Director of Translational Research in Multiple Myeloma Harvard Medical School Dana-Farber Cancer Institute Boston, MA

#### **Disclosures**

Research Support/PI	NA
Employee	NA
Consultant/Advisory Board	Takeda; Janssen; Celgene; Novartis; Sanofi, GSK, BMS
Major Stockholder	NA
Speakers' Bureau	NA
Honoraria	NA

## **Cancer Evolution From Precursor Lesions**



Figure 11.8a The Biology of Cancer (© Garland Science 2014)

colon

cervix

## **MGUS and Smoldering MM**



- 3%–5% of the general population at age 50 has MGUS
- This rate is 2–3 times higher for individuals of African descent
- This rate is 2 times higher for firstdegree family members of myeloma patients
- About 12 million people in the US

Kyle RA, et al. *N Engl J Med*. 2007;356:2582-2590; Greipp PR, et al. *J Clin Oncol*. 2005;23:3412-3420.

## **Risk of Progression of SMM to Active Disease**



Can we predict high risk of progression to active disease?

Slides courtesy of Dr San Miguel.

Kyle RA, et al. N Engl J Med. 2007;356:2582-2590.

#### Mayo Classification: PCs BM Infiltration and MC PCBM ≥10% + MC ≥3 g/dL

Group 1: *PCBM* ≥10% + *MC* ≥3 *g/dL* Group 2: *PCBM* ≥10% *but MC* <3 *g/dL* Group 3: *PCBM* <10% + *MC* ≥3 *g/dL* 



Slides courtesy of Dr San Miguel.

Kyle RA, et al. N Engl J Med. 2007;356:2582-2590.

#### Risk Stratification of SMM: Excluding Those With MM-Defining Events (previous ultra-high-risk) REVISED IMWG DIAGNOSTIC CRITERIA

N = 421 pts

None (low risk), 1 (intermediate risk), and ≥2 (high risk)



- 1. Bone marrow-plasma cell percentage (BMPC%) >20%
- 2. Serum M-protein >2 g/dL
- 3. Serum FLC ratio >20

- 1. BMPC% >10%
- 2. Serum M-protein >3 g/dL
- 3. Serum FLC ratio >8

Lakshman A, et al. Blood Cancer J. 2018;8:59.

#### IMWG Risk-Stratification Model for SMM (N = 2004)

A multicenter, retrospective study of SMM patients diagnosed since January 1, 2004

#### Patients were included if they

- Had no disease progression within 6 months
- Had baseline data from diagnosis (+/- 3 months)
- Had follow-up  $\geq$ 1 year, and
- Did not participate in a therapeutic trial of SMM
- To identify factors that predicted progression to myeloma through the evaluation of various clinical and laboratory factors
  - Univariate Cox regressions were run for each factor to identify the possible predictors
  - Stepwise regression analysis to fit multivariable Cox model and significant risk factors were determined (F-test)
- Develop a risk score to predict 2-year progression risk

#### Progression by Risk Group (N = 1151 pts)



Characteristics included in the model

- Serum M spike: >2 g/dL
- FLC ratio: >20
- BMPC: >20%

Immunoparesis and BJ proteinuria were significant in univariate

Risk-Stratification Groups	Number of Risk Factors	Hazard Ratio (95% CI) Versus Low-Risk Group	Risk of Progression at 2 Years	Number of Patients
Low-risk group	0	Reference	5%	424 (37%)
Intermediate-risk group	1	2.25 (1.68 to 3.01)	17%	312 (27%)
High-risk group	2-3	5.63 (4.34 to 7.29)	46%	415 (36%)

## **Progression Risk Incorporating FISH**

The presence of t(4,14), t(14,16), 1q gain, or del13q was defined as an additional risk factor



Characteristics included in the model

- Serum M spike: >2 g/dL
- FLC ratio: >20
- BMPC: >20%

#### Presence of any of the CA

Risk-Stratification Groups	Number of Risk Factors	Hazard Ratio (95% CI) Versus Low-Risk Group	Risk of Progression at 2 Years	Number of Patients
Low-risk group	0	Reference	8%	232
Low-intermediate-risk group	1	2.25 (1.62, 3.11)	21%	322
Intermediate-risk group	2	3.69 (2.68, 5.09)	37%	253
High-risk group	≥3	7.52 (5.36, 10.54)	59%	145

#### Developing a Risk Score Tool (N = 689)

Continuous variables categorized on the basis of clinical relevance and scores for each risk factor were assigned as relative weight. Total risk score calculated as the sum of all points for all existing risk factors.

<b>Risk Factor</b>	Coefficient	Odds Ratio (95% CI)	P Value	Score	Total Risk Sc <u>ore</u>	Predicted Risk	Percentage of
FLC Ratio						at 2 Years	Sample
0-10 (reference)	-	-	-	0	0	3.2	11.6
>10-25	0.69	1.99 (1.15, 3.45)	.014	2	2	6.2	8.1
>25-40	0.96	2.61 (1.36, 4.99)	.004	3	3	8.5	11.0
>40	1.56	4.73 (2.88, 7.77)	<.0001	5	4	11.6	4.2
MC (g/dL)					5	15.7	14.4
0-1.5 (reference)	-	-	-	0	6	20.8	6.8
>1.5-3	0.95	2.59 (1.56, 4.31)	.0002	3	7	27	8.4
>3	1.30	3.65 (2.02, 6.61)	<.0001	4	8	34.3	8.7
BMPC. %					9	42.5	5.1
0-15 (reference)	-	-	-	0	10	51	6.2
>15-20	0.57	1.77 (1.03, 3.06)	.04	2	11	59.5	4.9
>20-30	1.01	2.74 (1.6, 4.68)	.0002	3	12	67.5	3.1
>30-40	1.57	4 82 (2 5, 9 28)	< 0001	5	13	74.6	2.3
>40	2 00	7 42 (3 23, 17 02)	< 0001	6	14	80.5	2.0
FISH	2.00	(0.20, 11.02)	1.0001	•	15	85.4	1.7
abnormality	0.83	2.28 (1.53, 3.42)	<.0001	2	16+	89.2	1.3

#### 689 of the original 2286 had complete data for all risk factors

#### **Risk Score to Predict Progression Risk at 2 Years**



Scores <5 would give a 96% NPV (4% false negative), while score >12 . . . 72% risk at 2 years

#### **Other Models: Spanish Model – PETHEMA/GEM Classification**

>95% clonal PCs/total BMPCs (flow) + Immunoparesis



Slides courtesy of Dr San Miguel.

Pérez-Persona E, et al. Blood. 2007;110:2586-2592.

#### **Concordance Between Mayo and Spanish Models**

Len-Dex vs no treatment: TTP to active disease (n = 119)

Mayo Risk Model





# Both risk models resulted in independent prognostic factors in multivariate analysis including large number of patients with long f/u

Slides courtesy of Dr San Miguel.

Mateos MV, et al. N Engl J Med. 2013;369:438-447; Mateos MV, et al. Lancet Oncol. 2016;17:1127-1136.

## Impact of Circulating Plasma Cells (CPCs) in Smoldering MM

Immunofluorescence (n = 91)<sup>1</sup>

High level of circulating PCs was defined as absolute PB PCs  $>5 \times 10(6)/L$  and/or >5% PCs per 100 cytoplasmic (Ig)+ (14/91 patients)



Patients with high circulating PCs (14 of 91 pts; 15%) had higher risk of progression at 2 yr: 71% vs 24%; P = .001.

6-color flow  $(n = 100)^2$ 



TTP of patients with  $\geq$ 150 cPCs was 9 months vs NR (*P* <.001).

1. Bianchi G, et al. Leukemia. 2013;27(3):680-685;

2. Gonsalves WI, et al. Leukemia. 2017;31(1):130-135.

#### Smoldering Multiple Myeloma: Evolving vs Non-evolving (N = 206)

Evolving SMM (52 [25%]): If MC ≥30 g/L; at least 10% increase within the first 6 months from diagnosis; or if MC <30 g/L, progressive increase in MC in each of the annual consecutive measurements during 3 years Non-evolving (75%): Stable serum M-component until progression occurs



Slides courtesy of Dr San Miguel.

Fernández de Larrea C, et al. Leukemia. 2018,32:1427-1434.

#### Evolving Pattern of the M-Spike + eHb + BMPC (N = 190: Mavo Clinic)

#### Risk factors predicting high risk:

- eMP (≥10% increase in MC/Ig) within the first 6 months (only if M-protein ≥3 g/dL) and/or ≥25% increase in M/Ig within the first 12 months, with a minimum required increase of 0.5 g/dL in M-protein and/or 500 mg/dL in Ig;
- Evolving change in hemoglobin (eHb) ≥0.5 g/dL decrease within 12 months of diagnosis; and
- **3. BMPC** infiltration:  $\geq 20\%$



The 2-year progression risk was 81.5% in individuals who demonstrated both eMP and eHb, and 90.5% in those with all 3 risk factors → ultra-high-risk SMM

Slides courtesy of Dr San Miguel.

Ravi P, et al. *Blood Cancer J.* 2016;6(7):e454.

#### PET-CT in SMM Patients as Predictor of Progression to Symptomatic MM

	Characteristics	ТТР
Zamagni E, et al <sup>1</sup> 120 patients	16% had +PET (56% of them had 1 FL without osteolysis)	13 months
Dykstra B, Kumar S, et al <sup>2</sup> 202 patients	41% had +PET	16 months
Siontis B, et al <sup>3</sup> 188 patients	39% had +PET	21 months

#### MYC and Risk of Progression in SMM

Leukemia https://doi.org/10.1038/s41375-019-0543-4

#### LETTER

Multiple myeloma gammopathies

#### MYC dysregulation in the progression of multiple myeloma

Kristine Misund<sup>1,2</sup> • Niamh Keane<sup>1,3</sup> • Caleb K. Stein<sup>1</sup> • Yan W. Asmann<sup>4</sup> • Grady Day<sup>1,2</sup> • Seth Welsh<sup>1</sup> • Scott A. Van Wier<sup>1</sup> • Daniel L. Riggs<sup>1</sup> • Greg Ahmann<sup>1</sup> • Marta Chesi<sup>1</sup> • David S. Viswanatha<sup>5</sup> • Shaji K. Kumar<sup>5</sup> • Angela Dispenzieri<sup>5</sup> • Veronica Gonzalez-Calle<sup>1</sup> • Robert A. Kyle<sup>5</sup> • Michael O'Dwyer<sup>3</sup> • S. Vincent Rajkumar<sup>5</sup> • K. Martin Kortüm<sup>6</sup> • J. Jonathan Keats<sup>1</sup> • MMRF CoMMpass Network<sup>8,9</sup> • Rafael Fonseca<sup>1</sup> • A. Keith Stewart<sup>1</sup> • W. Michael Kuehl<sup>8</sup> • Esteban Braggio<sup>1</sup> • P. Leif Bergsagel<sup>1</sup>

Received: 20 February 2019 / Revised: 6 May 2019 / Accepted: 10 June 2019



#### Genomic Landscape of Progressors vs Non-progressors (N = 85)

Median follow-up 6.2 yr [0.8–14.6] Median time to progression 4 yr 61% progress

#### Progressors vs

Non-progressors

No. of events per patient Percent of patients KRAS NRAS TP53 ATM AM46C DIS3 LTE LTB NFKBIA NFKBIA NFKB2 NEKB RB1 CDKN24 DKN24 MVC MYC EGR1 EGR KLHL6 KLHL6 MAX DTX1 MAX DTX1 IST1H1E IST1H1E IRF1 IRF4 IRF4 KDM6A KDM6A KMT2C KMT2C NOTCH1 PIM1 NOTCHI PIM1 PRKD2 PRKD2 RASA2 SP140 SP140 TCL1A TCL1A TRAE: TRAF2 LIBR5 LIBR5 HRD del13q gain1q del16q del6q del14q del8p del22q del22q del4q del13a del13q gain1q del16q del6q del14q del8p del1p del22q del4q amp8q24 17p\_del amp2p amp8q24 17p\_del amp2p Other IgH 0ther IgH t(4;14) t(14;16) MYC 1/4-14 t(14-16) 1/14-20 t(14;20) t(6:14) HARVARD Dana-Farber GENERAL HOSPITAL Cancer Institute

Bustoros M, et al. J Clin Oncol. 2020;38(21):2380-2389.



#### **Genomic Characteristics of MGUS/SMM**

# Dissecting genomic characteristics of clonal evolution from MGUS/SMM to MM and germline variants of high-risk individuals at risk of developing MGUS/SMM

#### Clonal Evolution of Progressed SMM Patients (n = 3) and Non-progressed Patient (n = 1)



## MAPK, DNA Repair, and MYC Predict Rapid Progression



#### Bustoros M, et al. J Clin Oncol. 2020;38(21):2380-2389.











#### High-Risk Genomic Alterations Are Predictive in Primary and Validation Cohorts





Validation cohort (Mayo clinic)



Bustoros M, et al. J Clin Oncol. 2020;38(21):2380-2389.








## 20-2-20 High-Risk + High-Risk Genomics Progress Faster



Bustoros M, et al. J Clin Oncol. 2020;38(21):2380-2389.







MEDICAL SCHOOL

## 20-2-20 High-Risk + High-Risk Genomics Progress Faster



Bustoros M, et al. J Clin Oncol. 2020;38(21):2380-2389.







MEDICAL SCHOOL

## **Single-Cell RNA Sequencing of the Immune Cells**

Defining the permissive tumor microenvironment in MGUS/SMM



Zavidij O, et al. Nat Cancer. 2020;1:493-506.

## **Single-Cell RNA Sequencing of the Immune Cells**





### We're on a mission to stop blood cancer before it starts



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### pcrowd.dana-farber.org/

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# THE PR MISE STUDY

Will you join the mission to help stop myeloma before it starts?

See If You Qualify For A Free Screening





How do I join?

Got a question?

0

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## https://www.enroll.promisestudy.org

# **Dana-Farber** Single-Cell RNA Sequencing of the Immune Cells

Defining the permissive tumor microenvironment in MGUS/SMM



Zavidij O, et al. Nat Cancer. 2020;1:493-506.

# **Early Screening for Cancer Detection**



Dana-Farber

Cancer Institute



### Lenalidomide plus Dexamethasone for High-Risk Smoldering Multiple Myeloma

Dana-Farber

Cancer Institute

María-Victoria Mateos, M.D., Ph.D., Miguel-Teodoro Hernández, M.D.,
ilar Giraldo, M.D., Javier de la Rubia, M.D., Felipe de Arriba, M.D., Ph.D.,
Lucía López Corral, M.D., Ph.D., Laura Rosiñol, M.D., Ph.D.,
Bruno Paiva, Ph.D., Luis Palomera, M.D., Ph.D., Joan Bargay, M.D.,
Ibert Oriol, M.D., Felipe Prosper, M.D., Ph.D., Javier López, M.D., Ph.D.,
ardo Olavarría, M.D., Ph.D., Juan-José Lahuerta, M.D., Ph.D.,
and Jesús-F. San Miguel, M.D., Ph.D.

### Randomized Trial of Lenalidomide Versus Observation in Smoldering Multiple Myeloma

Sagar Lonial, MD<sup>1</sup>; Susanna Jacobus, MSc<sup>2</sup>; Rafael Fonseca, MD<sup>3</sup>; Matthias Weiss, MD<sup>4</sup>; Shaji Kumar, MD<sup>5</sup>; Robert Z. Orlowski, MD, PhD<sup>6</sup>; Jonathan L. Kaufman, MD<sup>1</sup>; Abdulraheem M. Yacoub, MD<sup>7</sup>; Francis K. Buadi, MD<sup>5</sup>; Timothy O'Brien, MD<sup>8</sup>; Jeffrey V. Matous, MD<sup>9</sup>; Daniel M. Anderson, MD<sup>10</sup>; Robert V. Emmons, MD<sup>11</sup>; Anuj Mahindra, MD<sup>12</sup>; Lynne I. Wagner, PhD<sup>13</sup>; Madhav V. Dhodapkar, MBBS<sup>1</sup>; and S. Vincent Rajkumar, MD<sup>5</sup>



Mateos M, et al. N Engl J Med. 2013;369:438-447; Lonial S, et al. J Clin Oncol. 2020;38(11):1126-1137.



## **Therapeutic Interventions**

# Our first attempts



# We need to get here



- Lenalidomide was the first proof of principle that early therapeutic intervention works in high-risk SMM
- Possible immune regulation
- No overall survival benefit yet
- Cannot truly predict who had benefit and who had clonal selection and tumor resistance

- Develop precision interception on the basis of genomic/immune profile
- Use immunotherapy early to control the clone without the need for traditional myeloma therapy
- Should we use PFS2 as a surrogate of OS?
- · Identify markers of response or resistance











http://ghobriallab.danafarberdev.org/

Tim Rebbeck, Catherine Marinac, Gad Getz, Viktor Adelsteinsson, Ken Anderson, Rob Soiffer, Nikhil Munshi, Paul Richardson, Ben Ebert. Other collaborators: Ola Landgren, Leif Bergsagel, Marta Chesi, Bruno Paiva, Jesus San Miguel.



## **Question 1**

A 34-year-old patient comes to see you because her doctor found an M spike for an elevated protein on her routine blood work. She feels well and has no symptoms. She has no anemia, renal failure, or lesions on PET/CT scan. She has a bone marrow biopsy that shows 15% plasma cells with t(11;14) translocation. Her M spike is 1.5 g/dL and her light chain ratio is 30.

## What do you want to do?

- 1. She has high-risk smoldering myeloma and should go on lenalidomide and dexamethasone as therapy
- 2. She should continue on close observation for smoldering myeloma every 3 months
- 3. She has MGUS and should be seen once a year
- 4. She has high-risk smoldering myeloma but should continue observation



## **Question 2**

A 34-year-old patient comes to see you because her doctor found an M spike for an elevated protein on her routine blood work. She feels well and has no symptoms. She has no anemia, renal failure, or lesions on PET/CT scan. She has a bone marrow biopsy that shows 50% plasma cells with t(4;14) translocation and 17p deletion. Her M spike is 2.5 g/dL and her light chain ratio is 50 and has been increasing over the last 3 visits.

## What do you want to do?

- 1. She has high-risk smoldering myeloma and should go on lenalidomide and dexamethasone as therapy
- 2. She should continue on close observation for smoldering myeloma every 3 months
- 3. She has MGUS and should be seen once a year
- 4. She has high-risk smoldering myeloma and should consider a clinical trial





Role of Minimal Residual Disease in Multiple Myeloma

Rafael Fonseca, MD







## Rafael Fonseca, MD Interim Executive Director, Mayo Clinic Cancer Center

## **Multiple Myeloma**



Scottsdale, Arizona



Rochester, Minnesota



Jacksonville, Florida

Mayo Clinic College of Medicine Mayo Clinic Comprehensive Cancer Center





## **Disclosures: Relaciones con la Industria**

- Consulting: Amgen, BMS, Celgene, Takeda, Bayer, Janssen, AbbVie, Pharmacyclics, Merck, Sanofi, Kite
- **SAB:** Adaptive Biotechnologies, Caris Life Sciences (stock options)
- Patent for FISH in MM: ~\$2000/year
- Registered independent
- Believe in stem cell transplant



## **B-Cell DNA Fingerprint**





## **Two-Step Process: ID and Tracking**



Adaptive Biotechnology slides.

MAYO CLINIC

# Actionable (aka "Do")

Scenario	Action	
Can I use MRD to make clinical decisions?	Yes, and hopefully you will be convinced after this talk!	
Can I use it to talk about prognosis?	Resounding yes! Critical for HR MM	
If someone is still MRD+ after treatment phase, what can I do?	Consider treatment continuation? Consider a change in treatment?	
Can I use MRD+ copy number results as a biomarker?	Yes! If standardized sample collections are followed, you can measure depth of the response	
Can I stop treatment if someone is MRD-?	MRD is one more piece of information that informs my clinical conversation and allows decision making. We stop Rx for symptoms, labs, and time!	

MAYO CLINIC

## What Are the "No" Answers?

Scenario	Action
Is being MRD negative synonymous with a cure?	No, as it is impossible to prove a negative. Being MRD– is the best possible response to Rx.
Is MRD status 100% determinant as we make clinical decisions?	No. It is simply more information. All clinical decisions should be made in the context of all information available for patients and physicians
Do I need to wait for phase 3 trials to see if I can use MRD in my clinical practice?	No, MRD testing is a biomarker like any other that informs clinical practice. Did we need to do phase 3 trials to start using SPEP? Or the free light chain assay?



Myeloma is always preceded by MGUS. Will not address subclone principles



MAYO CLINIC



# PROGNOSIS

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MAYO CLINIC

## Meta-analysis: O. Landgren, et al

#### **ORIGINAL ARTICLE**

### Role of MRD status in relation to clinical outcomes in newly diagnosed multiple myeloma patients: a meta-analysis

O Landgren<sup>1</sup>, S Devlin<sup>2</sup>, M Boulad<sup>1</sup> and S Mailankody<sup>1</sup>

Driven by access to better drugs, on average, newly diagnosed multiple myeloma patients have over 10 years overall survival. Using modern combination therapies—with or without the addition of high-dose melphalan and autologous stem cell transplantation— up to 80% of patients reach a complete response. As a logical and necessary step forward, clinical studies have explored strategies to detect minimal residual disease (MRD) and its correlation with clinical outcomes. In this context, MRD has been proposed as a regulatory end point for drug approval in newly diagnosed multiple myeloma. To better define the role of MRD negativity in relation to clinical outcomes, we undertook a meta-analysis including published clinical trials of newly diagnosed multiple myeloma patients. We applied a random effects model which weighted studies using the inverse–variance method. Studies were combined on the scale of the logarithm of the hazard ratio (HR) and the corresponding s.d. We found that MRD negativity (versus positivity) was associated with better PFS (HR = 0.35; 95% confidence interval (CI) 0.27–0.46; P < 0.001) and overall survival (HR = 0.48; 95% CI 0.33–0.70; P < 0.001). Our results show that MRD negativity is a strong predictor of clinical outcomes, supportive of MRD becoming a regulatory end point for drug approval in newly diagnosed multiple myeloma.

Bone Marrow Transplantation (2016) 51, 1565–1568; doi:10.1038/bmt.2016.222; published online 5 September 2016







## **Sensitivity: Regulatory and Mathematical**

Mathematical	Cell loaded for		
sensitivity	NGS		
<b>10</b> -6.1	1,258,925		
<b>10</b> <sup>-6.2</sup>	1,584,893		
<b>10</b> <sup>-6.3</sup>	1,995,262		
<b>10</b> <sup>-6.4</sup>	2,511,886		
<b>10</b> <sup>-6.5</sup>	3,162.277		
<b>10</b> <sup>-6.6</sup>	3,981,071		
<b>10</b> -6.7	5,011,872		
<b>10</b> <sup>-6.8</sup>	6,309,573		
<b>10</b> <sup>-6.9</sup>	7,943,282		
10-7.0	10,000,000		

**Best in Class: MASTER Trial Dara-KRD** 



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Costa LJ, et al. ASH 2019. Abstract 143.

## **Attaining MRD– Overcomes High-Risk MM**



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## **Attaining MRD– Overcomes High-Risk MM**



Perrot A, et al. *Blood*. 2018;132:2456-2464.

# Attaining MRD– Overcomes High-Risk MM

PFS according to MRD status: PETHEMA/GEM2012 MENOS65 trial<sup>1,2</sup> – MRD < 2 x 10<sup>-6</sup>



CA, cytogenetic abnormalities; MRD, minimal residual disease; NR, not reached; PFS, progression-free survival

@rfonsi1, fonseca.rafael@mayo.edu

1. Paiva B, et al. J Clin Oncol. 2020;38:784-792; 2. Goicoechea I, et al. Blood. 2021;137:49-60.

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**Outcomes at Mayo Clinic in Arizona: MRD** 



@rfonsi1, fonseca.rafael@mayo.edu

Gonzalez-Velez M, et al. ASH 2020. Abstract 1328.

# High-Risk MM: Like ALL?

# Hyperdiploid: Like FL?

Test Results		Test Results	
Minimal Residual Disease (MRD) Status	Estimated Myeloma Molecules per Million Cells	Minimal Residual Disease (MRD) Status	Estimated Myeloma Molecules per Million Cells
NEGATIVE	0.0	POSITIVE	174

#### Interpretation

The sample is NEGATIVE for the presence of myeloma gene rearrangements. Myeloma gene rearrangements were previously identified in an ID sample (December 24, 2015, Accession No. 205825). The previously identified myeloma gene rearrangements are NOT present in the current MRD sample, which is consistent with the sample being NEGATIVE for myeloma cells. The results of this test should be interpreted in the complete clinical context, including the patient's clinical presentation and current treatment regimen.

#### MRD Monitoring (Cellular Compartment)



#### Interpretation

The sample is POSITIVE for the presence of myeloma gene rearrangements. Myeloma gene rearrangements were previously identified in an ID sample (November 11, 2016, Accession No. 210889). The presence of myeloma gene rearrangements is consistent with the sample being POSITIVE for myeloma cells. The results of this test should be interpreted in the complete clinical context, including the patient's clinical presentation and current treatment regimen.

#### MRD Monitoring (Cellular Compartment)





#### 822

American Journal of Hematology 33:86-89 (1990)

### VAD-Based Regimens as Primary Treatment for Multiple Myeloma

Raymond Alexanian, Bart Barlogie, and Susan Tucker

University of Texas M.D. Anderson Cancer Center, Houston

An alternating VCAD-VAD regimen, combining vincristine-doxorubicin by continuous infusion with cyclophosphamide and pulse dexamethasone, or VAD alone, wag liven to 175 previously untreated patients with multiple myeloma. The response rate with primary VAD-based regimens of 55% was virtually identical to the 54% in comparable patients treated previously with similar programs by using bolus vincristine-doxorubicin. Despite responses to VAD that were more rapid in onset than any previous treatment, remission and survival times were similar. This may be due to major differences in drug sensitivity between progenitor and differentiated plasma cells. A VAD-based regimen seems better for newly diagnosed patients when rapid control of multiple myeloma is necessary.

Key words: chemotherapy for multiple myeloma, survival in multiple myeloma

### Preliminary Communication

#### HIGH-DOSE INTRAVENOUS MELPHALAN FOR PLASMA-CELL LEUKAEMIA AND MYELOMA

T. J. MCELWAIN R. L. POWLES

Section of Medicine, Institute of Cancer Research and Royal Marsden Hospital, Downs Road, Sutton, Surrey

Summary 1 previously untreated patient with plasmacell leukaemia and 8 patients with myeloma (4 previously untreated) were treated with high-dose melphalan 100–140 mg/m<sup>2</sup> iv. All responded to treatment. 3 of the 5 previously untreated patients achieved biochemical and bone-marrow complete remissions.

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Alexanian R, et al. Am J Hematol. 1990;33:86-89; McElwain TJ, et al. Lancet. 1983;2:822-824.





@rfonsi1, fonseca.rafael@mayo.edu

MAYO CLINIC

Perrot A, et al. Blood. 2018;132:2456-2464.

## **Consolidation Post-SCT**

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6-year OS was 75% (95% CI: 71-79) in the consolidation arm vs 69%

@rfonsi1, fonseca.rafael@mayo.edu Gay F, et al. *Blood.* 2020;136(suppl 1): abstract 141; Sonneveld P, et al. *Blood.* 2020;136(suppl 1): abstract 550.



# PFS and OS in the ITT Population

Median follow-up = 27.4 months







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# **FORTE: Sustained MRD Negativity**

### 1-year sustained MRD-: Multiparameter flow cytometry (MFC) and NGS (10<sup>-5</sup>)



@rfonsi1, fonseca.rafael@mayo.edu

Gay F, et al. Blood. 2020;136(suppl 1): abstract 141.


• 58 yo

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- New diagnosis MM
- Induction with KRD
- Completed SCT
- Nov 2018: MRD+
  - Dara-Rd
- Aug 2019: MRD+
  - More Dara-Rd
- Feb 2020: MRD-
  - R maintenance

#### SAMPLE-LEVEL MRD RESULT

#### No Residual Sequences Detected

ESTIMATED MRD VALUE:

0 residual clonal cells (Range: 0 - 2) \*\*

Total nucleated cells evaluated from this sample: 1,111,349

The MRD range presented above represents the 95% confidence interval for the measured number of residual clonal sequences per million nucleated cells. Details for each identified dominant sequence from this sample are provided on subsequent pages of this report.

#### **RESULTS SUMMARY**

- · Genomic DNA was extracted from a fresh bone marrow sample.
- The 2 dominant sequences identified in a diagnostic sample from this patient were not detected in this current sample.
- \*\* The sensitivity of this assay is directly related to the total number of cells (or cellular equivalents of genomic DNA) analyzed. There were 1,111,349 total nucleated cells evaluated from this sample.
- The results obtained from this assay should always be used in combination with the clinical examination, patient medical history, and other findings.

#### SAMPLE-LEVEL MRD TRACKING (shows only the sequence determining the MRD result for each time point)



#### SAMPLE-LEVEL MRD RESULT

#### **No Residual Sequences Detected**

ESTIMATED MRD VALUE:

0 residual clonal cells (Range: 0 - <1) \*\*

Total nucleated cells evaluated from this sample: 3,139,577

The MRD range presented above represents the 95% confidence interval for the measured number of residual clonal sequences per million nucleated cells. Details for each identified dominant sequence from this sample are provided on subsequent pages of this report.

#### **RESULTS SUMMARY**

- Genomic DNA was extracted from a fresh bone marrow sample.
- The 3 dominant sequences identified in a diagnostic sample from this patient were not detected in this current sample.
- \*\* The sensitivity of this assay is directly related to the total number of cells (or cellular equivalents of genomic DNA) analyzed. There were 3,139,577 total nucleated cells evaluated from this sample.
- The results obtained from this assay should always be used in combination with the clinical examination, patient medical history, and other findings.





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#### SAMPLE-LEVEL MRD RESULT

#### No Residual Sequence Detected

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ESTIMATED MRD VALUE:

#### 0 residual clonal cells (Range: 0 - 1) \*\*

Sequence determining MRD result: IGH Sequence A

The MRD range presented above represents the 95% confidence interval for the measured number of residual clonal sequences per million nucleated cells. Details for each identified dominant sequence from this sample are provided on subsequent pages of this report.

#### **RESULTS SUMMARY**

- Genomic DNA was extracted from a fresh bone marrow sample.
- The dominant sequence identified in a diagnostic sample from this patient was not detected in this current sample.
- \*\* The sensitivity of this assay is directly related to the total number of cells (or cellular equivalents of genomic DNA) analyzed. There were 2,782,146 total nucleated cells evaluated from this sample.
- The results obtained from this assay should always be used in combination with the clinical examination, patient medical history, and other findings.

#### SAMPLE-LEVEL MRD TRACKING (shows only the sequence determining the MRD result for each time point)



#### SAMPLE-LEVEL MRD RESULT

#### **Residual Sequence Detected**

ESTIMATED MRD VALUE:

<1 residual clonal cell per million nucleated cells (Range: >0 - 2) \*\*

\*\* Sequence detected below Limit of Detection; frequency too low to enable consistent MRD determination across samples.

Sequence determining MRD result: IGH Sequence B

The MRD range presented above represents the 95% confidence interval for the measured number of residual clonal sequences per million nucleated cells. Details for each identified dominant sequence from this sample are provided on subsequent pages of this report.

#### RESULTS SUMMARY

- Genomic DNA was extracted from a fresh bone marrow sample.
- 1 of the 3 dominant sequences identified in a diagnostic sample from this patient was still present in this current sample.
- \*\* The frequency of the sequence detected in this sample was too low to enable consistent determination of the presence of MRD, meaning that results could vary from sample to sample.
- There were 1,862,892 total nucleated cells evaluated from this sample.
- The results obtained from this assay should always be used in combination with the clinical examination, patient medical history, and other findings.

#### SAMPLE-LEVEL MRD TRACKING (shows only the sequence determining the MRD result for each time point)



#### Fonseca, Personal.

MAYO CLINIC

# What Are the "No" Answers?



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Fonseca, Personal.

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# **Don't Forget the Orange Line**



Duration of treatment



R. Fonseca, personal information.



# **Thank You!**







Frontline Therapy for Newly Diagnosed Transplant-Eligible Multiple Myeloma: The Role of Transplantation

Vania Hungria, MD, PhD





# Frontline Therapy for Newly Diagnosed Transplant-Eligible Multiple Myeloma: The Role of Transplantation

## Vania Tietsche de Moraes Hungria

Associate Professor of Hematology at Santa Casa Medical School Clinical Director at Clínica São Germano São Paulo, Brazil









# Honoraria: Amgen, BMS, Celgene, Janssen, Roche, Sanofi, Takeda



- Who is a candidate for transplant?
- What is the optimal management of MM in a transplant-eligible patient?
- What are the best induction regimens for patients eligible for transplant?
- Which is the better time for transplant: upfront or at relapse?

In your clinical practice, what is your choice of induction regimen for patients eligible for ASCT?

- a. Dara-VTd
- b. Dara-VRd
- c. VRd
- d. VTd
- e. VCd

What is your opinion on transplant-eligible multiple myeloma patients?

- a. Standard of care for all of them
- b. Standard of care for only standard-risk patients
- c. Standard of care for only high-risk patients
- d. Standard of care for some of them

# **Newly Diagnosed Multiple Myeloma**

# Management of Patients Eligible for Transplant

## **Treatment Paradigm for Transplant-Eligible** MM Patients



## **Therapy for ND Transplant-Eligible Multiple Myeloma**

# Induction

## ✓ What is the role of induction?

Fast control of the disease, with low toxicity Achieve high response rates (MRD negativity, if possible)

What is the best induction regimen for patients eligible for ASCT?
 Triplet or quadruplet regimen?

**VTD** is superior to VCD prior to intensive therapy in multiple myeloma: results of the prospective IFM2013-04 trial.

	VTD n = 169	VCD n = 169	<i>P</i> value
≥CR	13.0%	8.9%	.22
≥VGPR	66.3%	56.2%	.05
≥PR	92.3%	83.4%	.01

## **PETHEMA/GEM2012 TRIAL**

# Bortezomib, lenalidomide, and dexamethasone as induction therapy prior to ASCT



## Bortezomib, Lenalidomide, and Dexamethasone as Induction Therapy Prior to Autologous Transplant in Multiple Myeloma



Figure Legend: Response. (A) Response rates in the ITT population (N = 458). (B) Rates of VGPR or better throughout induction in the 426 patients who initiated cycle 6.



Rosiñol L, et al. *Blood.* 2019;134:1337-1345.

## Bortezomib, Lenalidomide, and Dexamethasone as Induction Therapy Prior to Autologous Transplant in Multiple Myeloma





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Rosiñol L, et al. *Blood.* 2019;134:1337-1345.



Bortezomib-Lenalidomide-Dexamethasone vs Bortezomib-Thalidomide-Dexamethasone Induction: Integrated Analysis of Randomized Controlled Trials in Transplant-Eligible Newly Diagnosed Multiple Myeloma



## Figure 4. $\geq$ VGPR and MRD-Negative Rates After Induction and ASCT in the GEM Studies<sup>a</sup>

#### Figure 5. Event-Free PFS in the GEM Studies



Rosiñol L, et al. EHA 2019. Poster PF594.

Bortezomib-Lenalidomide-Dexamethasone vs Bortezomib-Thalidomide-Dexamethasone Induction: Integrated Analysis of Randomized Controlled Trials in Transplant-Eligible Newly Diagnosed Multiple Myeloma



## Figure 4. $\geq$ VGPR and MRD-Negative Rates After Induction and ASCT in the GEM Studies<sup>a</sup>

### Figure 5. Event-Free PFS in the GEM Studies



Rosiñol L, et al. EHA 2019. Poster PF594.

# **Therapy for ND Transplant-Eligible Multiple Myeloma**

# Induction

- What is the role of induction?
  Fast control of the disease, with low toxicity
  Achieve high response rates (MRD negativity, if possible)
- What is the best induction regimen for patients eligible for ASCT?
  Triplet or quadruplet regimen?
  3 drugs + monoclonal antibody?



Phase III study of D-VTd vs VTd in transplant-eligible NDMM (N = 1,085); 111 sites from 9/2015 to 8/2017



Moreau P, et al. Lancet. 2019;394:29-38.

## **Efficacy: Response Rates Over Time**



Primary endpoint Postconsolidation sCR 29% D-VTd vs 20% VTd Odds ratio, 1.60; 95% CI, 1.21-2.12; P = .0010

■ SD/PD/NE ■ PR ■ VGPR ■ CR ■ sCR

# Efficacy: MRD (Flow Cytometry; 10<sup>-5</sup>)



D-VTd superior across all subgroups, including high-risk cytogenetics and **ISS stage III** 

	VTd	D-VTd		Odds F	Ratio (95% CI)
Subgroup	Minimal residual disease negative, n (%)		(%)		
Sex			1		
Male	131 (41)	192 (61)	1	⊢●−1	2.22 (1.62-3.05)
Female	105 (47)	154 (68)		⊢-●1	2.37 (1.62-3.48)
Age			i		
<50 years	38 (42)	56 (68)		<b>⊢</b> ●−−	<b>- 1</b> 2.84 (1.53–5.28)
≥50 years	198 (44)	290 (63)		⊢●⊣	2.19 (1.68-2.85)
Site			i i		
IFM	204 (45)	287 (64)	1	⊢●┥	2.16 (1.65-2.81)
HOVON	32 (38)	59 (65)		<b>⊢</b>	<b>-</b> 3.05 (1.65–5.65)
ISS disease stage	( )	( )	- i		· · · · ·
- I	103 (45)	137 (67)	1	<b>⊢</b> •−1	2.48 (1.68-3.67)
11	96 (41)	155 (61)		⊢-●1	2.21 (1.54-3.18)
III	37 (46)	54 (64)	i	<b>—</b>	2.14 (1.15-4.00)
Cytogenetic profile	e at trial entry	- (- /	1		( )
High risk	38 (44)	49 (60)	+	<b>—</b>	1.88 (1.02-3.46)
Standard risk	197 (43)	296 (64)	i i	⊢●⊣	2.35 (1.80-3.07)
<b>Baseline creatinine</b>	e clearance		1		
>90 mL/min	139 (44)	205 (62)		⊢●−1	2.07 (1.51-2.84)
≤90 mL/min	97 (43)	141 (67)	- i	<b>⊢</b> ●–I	2.64 (1.79-3.89)
Baseline hepatic fu	Inction		. i		, ,
Normal	216 (43)	310 (65)		⊢●⊣	2.40 (1.85-3.10)
Impaired	20 (48)	36 (57)	⊢ ÷	<b></b>	1.47 (0.67–3.21)
Type of multiple m	yeloma		i i		· · · ·
İgG	122 (39)	201 (61)		⊢•−1	2.43 (1.77-3.34)
Non-IgG	59 (49)	61 (66)	- 1	<b>———</b>	2.00 (1.15-3.50)
ECOG performance	e status		i		· · · ·
0	112 (44)	172 (65)		⊢●−┥	2.39 (1.68-3.41)
≥1	124 (44)	174 (63)	ł	⊢●⊣	2.17 (1.55–3.04)
			+		<del></del>
			1		5 10
	VTd Better D-VTd Better				

Moreau P, et al. Lancet. 2019;394:29-38.

## **Efficacy: PFS From First Randomization**



## **Efficacy: OS**



**OS** data are immature after median follow-up of 18.8 months<sup>1</sup>

2. Moreau P, et al. ASCO 2021.

## **CASSIOPEIA: PFS According to Risk Status**



Moreau, Sonneveld, Avet-Loiseau. Unpublished data.

## **Frontline Daratumumab-VTd vs SOC in ASCT-Eligible MM: Matching-Adjusted Indirect Comparison (MAIC)**





Moreau P, et al. Immunotherapy. 2021;13:143-154.

# **GRIFFIN: Randomized Phase II**

Phase II study of D-RVd vs RVd in transplant-eligible NDMM, 35 sites in the United States, with enrollment between December 2016 and April 2018



ECOG PS, Eastern Cooperative Oncology Group performance status; CrCl, creatinine clearance; IV, intravenous; PO, oral; G-CSF, granulocyte colony-stimulating factor; Q4W, every 4 weeks; Q8W, every 8 weeks; NGS, nextgeneration sequencing; ORR, overall response rate; VGPR, very good partial response; CR, complete response. <sup>a</sup>Lenalidomide dose adjustments were made for patients with CrCl ≤50 mL/min. <sup>b</sup>Cyclophosphamide-based mobilization was permitted

if unsuccessful. <sup>c</sup>Consolidation was initiated 60 to 100 days posttransplant. <sup>d</sup>Patients who complete maintenance cycles 7 to 32 may continue single-agent lenalidomide thereafter. <sup>e</sup>Protocol Amendment 2 allowed for the option to dose daratumumab Q4W, on the basis of pharmacokinetic results from study SMM2001 (NCT02316106).



Voorhees P, et al. ASH 2019. Abstract 691. Oral presentation.

# **Responses Deepened Over Time**<sup>a</sup>



- Results for end of induction, ASCT, and consolidation are based on a median follow-up of 13.5 months at the primary analysis
- Median follow-up at 12-months-of-maintenance therapy cutoff was 27.4 months

## Response rates and depths were greater for D-RVd at all time points

PR, partial response. SD/PD/NE, stable disease/progressive disease/not evaluable. <sup>a</sup>Data are shown for the response-evaluable population. <sup>b</sup>P values (2-sided) were calculated using the Cochran-Mantel-Haenszel chi-square test.

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Voorhees P, et al. ASH 2019. Abstract 691. Oral presentation.

# **PFS and OS in the ITT Population**

Median follow-up = 27.4 months



## Median PFS and OS were not reached for D-RVd and RVd

OS, overall survival. aKaplan-Meier estimate.



Voorhees P, et al. ASH 2019. Abstract 691. Oral presentation.

## Daratumumab-VRd in ASCT-Eligible NDMM: EMN017/HOVON158/MMY3014 Registration Trial



- Primary endpoint: PFS
- Secondary endpoint: MRD 10<sup>-5</sup> by NGS after consolidation
- Patients: NDMM, 18-70 yr, n = 640

PERSEUS; PI, P. Sonneveld.
### MASTER Trial: Daratumumab + KRd: *Risk-Adapted, MRD-Guided Therapy*



MRD assessment by NGS First Risk-Adapted Therapy Trial for Newly Diagnosed Patients (the MASTER trial)

Costa L, et al. ASH 2019. Abstract 860.

# Study Design – GMMG CONCEPT (NCT03104842)



		HAMBURG
Isa-KRd Induction		
Cycle 1		
Isatuvimah	10 mg/kg	day 1 8 15 22
Carfilzomib	$20 \text{ mg/m}^2$	day 1, 2
Carfilzomib	$36 \text{ mg/m}^2$	day 8, 9, 15, 16
Lenalidomide*	25 mg	day 1-21
Dexamethasone**	40 mg*	day 1, 8, 15, 22
28-day-cycle	-	
les KDd Induction		
ISA-KKU INDUCTION		
Cycle 2-6		
Isatuximab	10 mg/kg	day 1, 15
Carriizomid	36 mg/m <sup>2</sup>	day 1, 2, 8, 9, 15, 16
I am all dama dalawa	/5 mg	day 1-21
Lenalidomide**	40	day 4 0 45 00

\* Cy-based mobilisation was moved in an amendment to the time after 3 induction cycles \*\*Dose adaption of lenalidomide according to renal function

"Dose adaption of lenalidomide according to renal function \*\*\*20 mg in patients ≥75 years



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PRESENTED BY: Katja C. Weisel

### **Therapy for ND Transplant-Eligible Multiple Myeloma**

### ASCT



#### What is the best time for transplant?

Upfront or at relapse?

#### 700 patients <66 yr Newly diagnosed symptomatic MM



Attal M, et al. *N Engl J Med*. 2017;376:1311-1320.

### **Updated PFS (primary endpoint)**



30% reduction in the risk of progression or death in patients receiving transplant



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Perrot A, et al. ASH 2020. Oral presentation.

### **Relapse regimens**



38% of the patients in arm B didn't need a second line

23% of the patients who relapsed and needed a second line in arm A didn't received a transplant



Perrot A, et al. ASH 2020. Oral presentation.



#### More than 60% of the patients in the two arms are alive after 8 years of follow-up



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Perrot A, et al. ASH 2020. Oral presentation.

### EMN02/HO95 MM Trial: Study Design

VCD × three or four 21-day cycles



Lenalidomide 10 mg/D, D1-21/28

Cavo M, et al. Lancet Haematol. 2020;7:e456-e468.

### **EMN02/H095**

#### **Outcome analyses (median follow-up: 60.5 months)**



Cavo M, et al. Lancet Haematol. 2020;7:e456-e468.

### EMN02/H095

#### **Overall survival (extended follow-up: 75 months)**



Cavo M, et al. ASH 2020. Abstract 142.

### **FORTE Trial: Study Design<sup>1-3</sup>**

#### KRd-ASCT, KRd12, or KCyd-ASCT in NDMM: PFS and OS Analysis

- The FORTE study previously demonstrated that KRd with or without ASCT led to deep responses and improved outcomes vs KCyd with ASCT in patients with NDMM<sup>1,2</sup>
- This study evaluated PFS of 3 induction and 2 maintenance therapies in patients with NDMM<sup>3</sup>
- The efficacy in different subgroups of patients and safety of the maintenance phase was also evaluated<sup>3</sup>



Primary endpoint: PFS Select secondary endpoints: OS, safety

\*Carfilzomib and dexamethasone 20 mg administered on days 1, 2, 8, 9, 15, and 16. <sup>†</sup>Lenalidomide 25 mg administered on days 1–21. <sup>‡</sup>Cyclophosphamide 300 mg/m<sup>2</sup> administered on days 1, 8, and 15. <sup>§</sup>Carfilzomib administered at 36 mg/m<sup>2</sup> on days 1, 2, 15, and 16, subsequently amended to 70 mg/m<sup>2</sup> on days 1 and 15 for up to 2 years. <sup>II</sup>Lenalidomide administered at 10 mg on days 1–21 every 28 days until progression. ASCT, autologous stem cell transplant; KCyd, carfilzomib, cyclophosphamide, dexamethasone; KR, carfilzomib, lenalidomide; KRd, carfilzomib, lenalidomide, dexamethasone; KRd12, 12 cycles of KRd; NDMM, newly diagnosed multiple myeloma; OS, overall survival; PFS, progression free survival; R, lenalidomide; Ran, randomized.

1. Gay F, et al. Presented at: ASCO Annual Meeting; May 31–June 4, 2019; Chicago, IL. Abstract 8002. 2. Gay F, et al. Presented at: 24th Congress of the EHA; June 13–16, 2019; Amsterdam, The Netherlands. Abstract 8872. 3. Gay F, et al. Presented at 62nd ASH Annual Meeting and Exposition; Dec 5–8, 2020; Virtual. Abstract 141.

Data, comments, and/or conclusions on this slide are based on the congress abstract and represent authors' findings and views that are independent of Amgen.

### **Efficacy: Induction\*** FORTE Trial (KRd-ASCT, KRd12, or KCyd-ASCT in NDMM): PFS and OS Analysis



#### Treatment with KRd-ASCT significantly improved PFS

\*Data cutoff June 30, 2020; median follow-up 45 mo.

ASCT, autologous stem cell transplant; FISH, fluorescence in situ hybridization; H, high; HR, hazard ratio; ISS, International Staging System; KCyd, carfilzomib, cyclophosphamide, dexamethasone; KRd, carfilzomib, lenalidomide, dexamethasone; KRd12, 12 cycles of KRd; L, low; LDH, lactate dehydrogenase; NR, not reached; OS, overall survival; PFS, progression-free survival; R1, first randomization. Gay F, et al. Presented at 62nd ASH Annual Meeting and Exposition; Dec 5–8, 2020; Virtual. Abstract 141.

Data, comments, and/or conclusions on this slide are based on the congress abstract and represent authors' findings and views that are independent of Amgen.

### **Efficacy: Induction\*** FORTE Trial (KRd-ASCT, KRd12, or KCyd-ASCT in NDMM): PFS and OS Analysis

#### PFS From R1: KRd-ASCT vs KCyd-ASCT



#### PFS From R1: KRd-ASCT vs KRd12

HR (95% CI)

0.64(0.44 - 0.94)

0.56 (0.31 - 1.03)

0.70 (0.43 - 1.15)

0.57 (0.32 - 1.01)

0.51 (0.28 - 0.94)

0.66 (0.43 - 1.01)

0.44(0.18 - 1.05)

Favors KRd12

Interaction-P

0.58

0.80

0.42

#### PFS benefit with KRd-ASCT treatment was observed in most subgroups compared with both KRd12 and KCyd-ASCT

\*Data cutoff June 30, 2020; median follow-up 45 mo.

ASCT, autologous stem cell transplant; FISH, fluorescence in situ hybridization; HR, hazard ratio; ISS, International Staging System; KCyd, carfilzomib, cyclophosphamide, dexamethasone; KRd, carfilzomib, lenalidomide, dexamethasone; KRd12, 12 cycles of KRd; LDH, lactate dehydrogenase; OS, overall survival; PFS, progression-free survival; R1, first randomization; ULN, upper limit of normal. Gay F, et al. Presented at 62nd ASH Annual Meeting and Exposition; Dec 5–8, 2020; Virtual. Abstract 141.

Data, comments, and/or conclusions on this slide are based on the congress abstract and represent authors' findings and views that are independent of Amgen.

# Conclusions

### Conclusions

✓ Young patients: ASCT upfront remains standard of care

### ✓ Induction:

Three-drug-based combo VRd > VTd > VCd KRd?

Three drugs + monoclonal antibody (D-VTd is approved) *Number of cycles for induction:* 4 to 6 cycles

✓ **Conditioning regimen:** Mel 200 is the standard of care

Provided that you had access, what do you think would be the best choice for the induction regimen for patients eligible for ASCT? [repeated question]

- a. Dara-VTd
- b. Dara-VRd
- c. VRd
- d. VTd
- e. VCd

### **Treatment Paradigm for Transplant-Eligible MM Patients**



### **EHA-ESMO Guideline 2021**



Dimopoulos MA, et al. Ann Oncol. 2021;32:309-322.

## **THANK YOU!!!**

### hungria@dialdata.com.br











## **Break**

APTITUDE HEALTH



### **Optimal Use of Consolidation and Maintenance Therapy**

Jorge Vela-Ojeda, MD, PhD





# Optimal Use of Consolidation and Maintenance Therapy

Jorge Vela Ojeda, MD, PhD Head of Hematology Department La Raza Medical Center IMSS, Mexico City

## **Consolidation Treatment in Multiple Myeloma**

- Consolidation treatment is generally a short-term treatment (2–4 cycles of combination therapies) given after ASCT
- The aim is to improve the depth of response obtained with the previous treatment phases, before maintenance therapy, in order to prolong PFS
- Although many trials support the use of consolidation to maintain response achieved after induction therapy and to improve patient survival, prolonged exposure to new drugs might increase toxicities

# **Consolidation Treatment in Multiple Myeloma**

			No. of			
Reference	Type of Trial	Treatment Scheme	Patients	Response Rate	EFS or PFS	OS
Bortezomib-	based					
Cavo <sup>7</sup>	Phase III	VTD $v$ TD consolidation	160 v 161	CR/nCR pre consolidation: 63% v 55% (P = NS) CR/nCR post consolidation: 73% v 61% (P = .020)	3-yr PFS 60% v 48% P = .042	3-yr OS 90% v 88% P = NS
Mellqvist <sup>28</sup>	Phase III	Bortezomib consolidation $ u$ no consolidation	187 v 183	≥VGPR pre consolidation: 40% v 39% (P - NS) ≥VGPR post consolidation: 71% v 57% (P = .009)	Median PFS 27 m $v$ 20 m $P = .05$	3-yr OS 80% v 80% P = NS
Leleu <sup>29</sup>	Retrospective comparison	VTd consolidation $v$ no consolidation	121 v 96	CR post consolidation: 52% v 30% (P = .001)	Median TTP not reached $v$ 25 m ( $P = .005$ )	4-yr OS 84% v 91% P = NS
Ladetto <sup>30</sup>	Phase II	VTD consolidation	39	CR pre VTD: 15% CR post VTD: 49%	Median PFS	3-yr OS
Lenalidomid	e-based				00 111	0970
Attal <sup>31</sup>	Phase III	Len consolidation + Len maintenance v Len consolidation + placebo	307 v 307	CR pre consolidation: 58% CR post consolidation: 69% P < .001	NR after consolidation	NR after consolidation
Roussel <sup>32</sup>	Phase II	RVD consolidation	31	sCR/CR pre VRD: 42% sCR/CR post VRD: 48%	NR	NR

Abbreviations: VTD, bortezomib, thalidomide, dexamethasone; TD, thalidomide, dexamethasone; CR, complete response; nCR, near complete response; PFS, progression-free survival; OS, overall survival; ns, not significant; VGPR, very good partial response; VTd, bortezomib, thalidomide, low dose dexamethasone; TTP, time to progression; Len, lenalidomide; NR, not reported; VRD, bortezomib, lenalidomide, dexamethasone sCR, stringent complete response; VRD, bortezomib, lenalidomide, dexamethasone.

## **CyBorD** Consolidation Treatment in Multiple Myeloma



Ting Tan SA, et al. Blood. 2020;136(suppl 1): abstract 33.

## VRD Consolidation Therapy vs No Consolidation



Cavo M, et al. Lancet Haematol. 2020;7:e456-e468.

# Responses After Auto-HSCT and Consolidation for Different Comparisons: A Systematic Review



Gagelmann N, et al. Ann Hematol. 2021;100:405-419.

# **Consolidation Treatment in High-Risk Multiple Myeloma**

Table 3     Outcome in high-risk multiple myeloma				
Study	Regimen	Definition of high-risk MM	Outcome	
Cavo et al. [18],	Borthaldex	ISS stage III	OS: HR, 0.52 ( <i>P</i> = 0.06)	
Tacchetti et al. [35]		t(4;14) and/or del(17p)	PFS/OS: HR, 0.45 ( <i>P</i> < 0.001)/0.57 ( <i>P</i> = 0.03)	
Sonneveld et al. [42], Cavo et al. [22]	Borlendex	del(17p) and/or t(4;14) and/or t(14;16)	PFS: HR, 1.06	
Stadtmauer et al. [27], Hari et al. [43]	Borlendex	Presence of high beta 2-microglobulin (> 5.5 mg/L) or cytogenetics (t(4;14), t(14;20), t(14;16), del(17p), del(13) detected by standard cytogenetics only, or aneuploidy)	5-y OS: 76% (66–84) vs. 62% (52–69); 5-y PFS: 37% (26–48) vs. 32% (24–40)	
Moreau et al. [28]	Dara-borthaldex	ISS stage III	sCR/PFS: OR, 1.07 (0.54-2.12)/HR, 0.66 (0.32-1.39)	
		t(4;14) and/or del(17p)	sCR/PFS: OR, 0.83 (0.42-1.66)/HR, 0.67 (0.35-1.30)	
Voorhees et al. [29]	Dara-borlendex	ISS stage III	sCR/MRD-: 1.56 (0.34-7.14)/0.42 (0.09-1.92)	
		t(4;14) and/or del(17p) and/or t(14;16)	sCR/MRD-: 1.92 (0.34-11.11)/0.67 (0.14-3.13)	

#### Gagelmann N, et al. Ann Hematol. 2021;100:405-419.

# KRd for Newly Diagnosed MM: Phase II Trials



1. Zimmerman TM, et al. ASH 2016. Abstract 675; 2. Moreau P, et al. ASH 2016. Abstract 1142.

# KRd for Newly Diagnosed MM: Phase II Results

	Post-induction		Post-ASCT		Post-consolidation	
Outcome, %	MMRC SCT <sup>1</sup> (n = 76)	IFM SCT <sup>2</sup> (n = 46)	MMRC SCT <sup>1</sup> (n = 71)	IFM SCT <sup>2</sup> (n = 42)	MMRC SCT <sup>1</sup> (n = 70)	IFM SCT <sup>2</sup> (n = 42)
MRD neg by flow	NR	63	NR	81	86	89
MRD neg by NGS					64	59
CR/sCR	16	25.5	27	45	67	69
≥VGPR	73	83.5	90	88	91	92.5

#### MMRC SCT trial<sup>1</sup>

- 3-yr PFS in standard-risk vs high-risk MM: 89% vs 80%
- 3-yr OS: 96% vs 94%

1. Zimmerman TM, et al. ASH 2016. Abstract 675; 2. Moreau P, et al. ASH 2016. Abstract 1142.

# MASTER: Study Design

#### Multicenter, single-arm phase II trial



Dara-KRd dosing: daratumumab 16 mg/m<sup>2</sup> on days 1, 8, 15, 22 (days 1, 15 of cycles 3-6; day 1 cycle >6); carfilzomib 56 mg/m<sup>2</sup> days 1, 8, 15; lenalidomide 25 mg days 1-21; dexamethasone 40 mg PO days 1, 8, 15, 22. \*One VCD cycle permitted. <sup>†</sup>Planned recruitment N = 123.

- Primary endpoint: MRD-negative remission (<10<sup>-5</sup>) on NGS assay in pts receiving induction, AHCT, and responseadapted consolidation
- Secondary endpoints: safety, imaging frequency plus remission, MRD status post-AHCT, IMWG response, loss of MRD negativity in pts with no maintenance therapy
- Exploratory endpoint: MRD-negative rates on NGS assay (threshold <10<sup>-6</sup>)

## MASTER: Best Response by Treatment Phase

**Best Response by Therapy Phase** 100 80 39% 67% 60 3% 81% 95% 40 49% 20 2% 33% 17% 10% 5% 0 **Post-induction Post-induction** Post-**MRD-directed** consolidation cycle 2 cycle 4 transplant (N = 81)(N = 70)(N = 42)(N = 42)PR VGPR CR SCR

sCR <i>,</i> % (n)	Post- induction	Post- transplant	MRD-Based Consolidation
All patients	39 (70)	81 (42)	95 (42)
Standard-risk patients	44 (50)	79 (29)	97 (29)
High-risk patients [t(4;14), t(14;16), or del17p]	25 (20)	85 (13)	91 (13)

 n = 27 (n= 19 standard risk, n = 7 high risk) achieved MRD-negative status and entered observation phase; no relapse or MRD positivity at median follow-up of 4.9 months

Costa L, et al. ASH 2019. Abstract 860.

### MASTER: MRD Response by Treatment Phase



Costa L, et al. ASH 2019. Abstract 860.

### Phase III CASSIOPEIA Trial: VTD ± Daratumumab in NDMM in SCT Eligible



Moreau, et al. Lancet. 2019;394:29-39.

### **CASSIOPEIA: VTD ± Daratumumab Efficacy**

#### sCR + CR: 53.8% vs 38.5%

#### sCR rate 29% vs 20% (P=0.001)



#### **MRD-negative rates after ASCT:**

Arm	NGF (P<.0001)	NGS (P<.0001)	
D-VTd	64%	57%	
VTD	44%	37%	



#### Moreau, et al. Lancet. 2019;394:29-39.
# Randomized Phase II GRIFFIN Study: RVd + Daratumumab in ASCT-Eligible Patients<sup>1</sup>



Stem cell mobilization with G-CSF  $\pm$  plerixafor

35 sites in US with enrollment from 12/2016 and 4/2018

Voorhees PM, et al. *Blood*. 2020;136:936-945.

### **GRIFFIN: Responses Deepened Over Time**



Response rates and depths were greater for D-RVd at all time points

#### Voorhees PM, et al. *Blood*. 2020;136:936-945.

### **Post-consolidation MRD Negativity**

MRD-Negative Status (10 <sup>-5</sup> ),* n (%)	D-RVd	RVd	Odds Ratio (95% CI)	P Value <sup>+</sup>
In ITT population				
MRD negative regardless of response	46/104 ( <b>44.2</b> )	15/103 ( <b>14.6</b> )	4.70 (2.38-9.28)	<.0001
MRD negative with CR or better	30/104 ( <b>28.8</b> )	10/103 ( <b>9.7</b> )	3.73 (1.71-8.16)	.0007
In patients achieving CR or better	30/51 ( <b>58.8</b> )	10/41 ( <b>24.4</b> )	4.65 (1.76-12.28)	.0014
In patients who received ASCT	45/94 ( <b>47.9</b> )	14/78 ( <b>17.9</b> )	4.31 (2.10-8.85)	<.0001

### D-RVd improved MRD negativity $(10^{-5})$ rates at the end of consolidation

\*The threshold of MRD negativity was defined as 1 tumor cell per 10<sup>5</sup> white cells. MRD status is based on assessment of bone marrow aspirates by next-generation sequencing in accordance with International Myeloma Working Group criteria. MRD assessments occurred in patients who had both baseline (with clone identified/calibrated) and post-baseline MRD (with negative, positive, or indeterminate result) samples taken (D-RVd, n = 71; RVd, n = 55). Patients with a missing or inconclusive assessment were considered MRD positive. <sup>†</sup>*P* values were calculated from the Fisher's exact test.

## Quality of Evidence in Post-transplant Maintenance Therapy

	Lenalidomide	Bortezomib	lxazomib
Phase III trials	CALGB [55] IFM [56] GIMEMA [50] Myeloma XI [57]	HOVON-65/GMMG-HD4* [74, 75] PETHEMA^ [77]	TOURMALINE-MM3 [81]
Meta-analyses	McCarthy et al [58] Gay et al^ [80]	Gay et al^ [80]	
Observational studies	Connect registry [59]		
Retrospective studies		Mayo Clinic Analysis [78] Duke University analysis [84] GMMG trials [79]	

#### Morè S, et al. Expert Rev Hematol. 2020;13:351-362.

### **IMiDs as Maintenance in Myeloma**

4				В			
Study name	Subgroup within study	Statistics for each study	Hazard ratio and 95% confidence interval	Study name	Subgroup within study	Statistics for each study	Hazard ratio and 95% confidence interval
		HR (95% CI) P				HR (95% CI) P	
Attal (2006) Barlogie (2008) Lokhorst (2010) Maiolino (2012) Morgan (2012) Stewart (2013)	Thalldomide with ASCT Thalldomide with ASCT Thaldomide with ASCT Thalldomide with ASCT Thalldomide with ASCT Thalldomide with ASCT	0.73 (0.59 to 0.90) .003 0.67 (0.55 to 0.82) .000 0.67 (0.55 to 0.82) .000 0.53 (0.29 to 0.97) .039 0.71 (0.56 to 0.90) .004 0.56 (0.43 to 0.73) .000 0.67 (0.61 to 0.74) .000		Attal (2006) Barlogie (2008) Lokhorst (2010) Maiolino (2012) Morgan (2012) Stewart (2013)	Thaildomide with ASCT Thaildomide with ASCT Thaildomide with ASCT Thaildomide with ASCT Thaildomide with ASCT Thaildomide with ASCT Thaildomide with ASCT	0.68 (0.47 to 0.98) .040 1.03 (0.75 to 1.41) .854 0.96 (0.74 to 1.25) .760 0.22 (0.04 to 1.21) .082 1.22 (0.86 to 1.73) .265 0.77 (0.53 to 1.13) .181 0.90 (0.73 to 1.11) .343	
Attal (2012) McCarthy (2012) Palumbo (2014)	Lenalidomide with ASCT Lenalidomide with ASCT Lenalidomide with ASCT Lenalidomide with ASCT	0.50 (0.40 to 0.62) .000 0.48 (0.36 to 0.63) .000 0.42 (0.24 to 0.73) .002 0.49 (0.41 to 0.57) .000		Attal (2012) McCarthy (2012) Palumbo (2014)	Lenalidomide with ASCT Lenalidomide with ASCT Lenalidomide with ASCT Lenalidomide with ASCT	1.25 (0.83 to 1.89) .288   0.62 (0.40 to 0.96) .030   0.62 (0.24 to 1.60) .322   0.82 (0.48 to 1.41) .477	
Palumbo (2008) Rajkumar (2008) Ludwig (2010) Waage (2010) Wijermans (2010) Mateos (2012) Morgan (2012)	Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT	$\begin{array}{c} 0.63 \\ 0.48 \\ to \\ 0.82 \\ 0.55 \\ 0.36 \\ to \\ 0.85 \\ 0.07 \\ 0.86 \\ 0.67 \\ to \\ 0.85 \\ 0.07 \\ 0.86 \\ 0.67 \\ 0.11 \\ 0.24 \\ 0.68 \\ 0.45 \\ 1.02 \\ 0.61 \\ 0.04 \\ 0.61 \\ 0.04 \\ 0.05 \\ 0.015 \\ 0.015 \\ 0.001 \\ 0.015 \\ 0.001 \\$		Palumbo (2008) Rajkumar (2008) Ludwg (2010) Waage (2010) Wijermans (2010) Mateos (2012) Morgan (2012)	Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT Thaildomide without ASCT	1.04 (0.76 to 1.43) .810 0.88 (0.60 to 1.29) .513 0.93 (0.53 to 1.65) .803 1.14 (0.87 to 1.49) .340 0.82 (0.61 to 1.10) .187 0.69 (0.33 to 1.44) .324 1.00 (0.73 to 1.37) 1.000 0.97 (0.85 to 1.11) .627	
Zonder (2010) Palumbo (2012) Benboubker (2014) Palumbo (2014)	Lenalidomide without ASCT Lenalidomide without ASCT Lenalidomide without ASCT Lenalidomide without ASCT Lenalidomide without ASCT	0.58 (0.41 to 0.82) .002 0.44 (0.30 to 0.65) .000 0.70 (0.60 to 0.82) .000 0.43 (0.28 to 0.67) .000 0.55 (0.43 to 0.72) .000		Zonder (2010) Palumbo (2012) Benboubker (2014) Palumbo (2014)	Lenalidomide without ASCT Lenalidomide without ASCT Lenalidomide without ASCT Lenalidomide without ASCT Lenalidomide without ASCT	0.76 (0.47 to 1.22) .259 0.79 (0.53 to 1.18) .253 0.98 (0.87 to 1.10) .736 0.68 (0.32 to 1.45) .317 0.95 (0.85 to 1.05) .308	
	With ASCT Without ASCT	0.61 (0.54 to 0.68) .000 0.63 (0.55 to 0.71) .000			With ASCT Without ASCT	0.89 (0.73 to 1.07) .214 0.95 (0.88 to 1.04) .273	
	Thalidomide Lenalidomide	0.66 (0.61 to 0.72) .000 0.52 (0.44 to 0.62) .000			Thalidomide Lenalidomide	0.94 (0.85 to 1.05) .278 0.87 (0.73 to 1.04) .135	
	Overall	0.62 (0.57 to 0.67) .000			Overall	0.93 (0.85 to 1.01) .082	•
			0.1 0.2 0.5 1 2 5 10				0.1 0.2 0.5 1 2 5 10
			Favors IMID Favors Control				Favors IMiD Favors Control

Wang Y, et al. J Natl Cancer Inst. 2016;108:djv342.

able 2. Summary of four phase III trials exploring lenalidomide maintenance post ASCT.						
Study	No patients	Maintenance schedule	Follow-up (median)	PFS/TTP (median)	OS	
CALGB 100104 [55]	460	L 10 mg/day first 3 monts, 15 mg after 3 months if tolerated vs placebo until PD	91 months	57.3 (L) vs 28.9 (P) months; HR 0.57; p < 0.0001	113.8 (L) vs 84.1 months; HR 0.61; p = 0.0004 (5-yr 76% vs 64%)	
IFM 2005-02 [56]	614	L 10 mg/day first 3 months, 15 mg after 3 months if tolerated vs placebo, until PD	45 months	41 (L) vs 23 (P) months; HR 0.50; p < 0.001	4-yr OS 73% (L) vs 75% (P); HR 1.25; p = 0.29	
GIMEMA [50]	251	L 10 mg days 1–21 (28 days cycle) vs observation, until PD	79.5 months	41 (L) vs 21.6 (Obs) months; HR 0.44; p < 0.001	3-yr OS 88% (L) vs 79.2% (Obs); HR 0.64; p = 0.14	
Myeloma XI [57]	1248	L 25 mg/day (10 mg after amendment) vs observation, until PD	31 months	57 (L) vs 30 (Obs) months; HR 0.46; p < 0.0001	3-yr 87.5% (L) vs 80.2% (Obs); HR 0.87; p = 0.15	

L, lenalidomide; P, placebo; Obs, observation

### Lenalidomide Maintenance: PFS



McCarthy PL, et al. J Clin Oncol. 2017;35:3279-3289.

### Lenalidomide Maintenance: OS





В		Le	n Maintenanc (No. of patients)*	Placebo/ e Observatio (No. of patients)	n HR (95% CI)		
Age (vears	•  ≤ 59 -	⊢∎⊣	372	375	0.68 (0.54 to 0.86)		
Age (Jears	′   ≥60 -	H	H 233	228	0.85 (0.64 to 1.12)		
S.	Male -	H	322	349	0.66 (0.52 to 0.83)		
36	Female -	H-8	H 283	254	0.92 (0.70 to 1.21)		
100 -	- 11/	HH	411	439	0.66 (0.52 to 0.82)		
100 8	tager   III -	⊢	<b>-</b> 113	90	1.06 (0.73 to 1.54)		
	CR -	H	H 65	80	0.63 (0.34 to 1.15)		
Response after ASCT	CR/VGPR -	H	314	334	0.70 (0.54 to 0.90)		
(prior to	PR/SD# -	<b></b>	227	215	0.88 (0.66 to 1.17)		
maintenance)	0.2	25 0.5 1	2	4			
		H	IR				
Favors Len Favors Placebo/ Maintenance Observation							

McCarthy PL, et al. J Clin Oncol. 2017;35:3279-3289.

### Lenalidomide Maintenance





#### Holstein SA, et al. Lancet. 2017;4:E431-E442.

# Phase III Myeloma XI Trial: PFS With Len Maintenance in ASCT-Eligible Patients by Cytogenetic Risk



- -• High risk: presence of either t(4;14), ±(14;16), t(14;20), del 17p, or gain 1q
  - Ultrahigh risk: presence of more than 1 of these lesions
- Standard risk: absence of these lesions

# Comparison of Response Status at the Beginning of Lenalidomide Maintenance and at Maximal Response



Alonso R, et al. Blood Adv. 2020;4:2163-2171.

### Second Malignancies

No. at risk:





McCarthy PL, et al. J Clin Oncol. 2017;35:3279-3289.

# Pooled Hazard Ratios of PFS and OS Comparing Bortezomib Maintenance Therapy Arm With Non-Bortezomib Maintenance Therapy Arm

#### PFS



#### OS

Study or Suboroup	log[Hazard Batio]	SE	Weight	Hazard Ratio			Hazard IV. Fixed	l Ratio 1. 95% CI		
Palumbo A. 2014	-0.3567	0.1517	34.0%	0.70 [0.52, 0.94]						
Sonneveld P. 2013	-0.2485	0.109	66.0%	0.78 [0.63, 0.97]			-			
Total (95% CI)			100.0%	0.75 [0.63, 0.89]			+			
Heterogeneity: Chi <sup>2</sup> = Test for overall effect:	0.34, df = 1 (P = 0.56 Z = 3.22 (P = 0.001)	); I² = 0%	6		0.01	0.1 Favours (bort	ezomib]	Favours (nor	10 n-bortezor	100 [dim

### Lenalidomide vs Bortezomib as Maintenance Therapy



Fig. 1 CONSORT flow diagram

FISH risk	Lenalidomide	Bortezomib	p-Value
Standard, months	26.9 (10.8–54.3) ( <i>n</i> = 24)	25.7 (10.9–66.6) ( <i>n</i> = 18)	0.80
Intermediate/ high, months	27.5 (9.8–58.1) ( <i>n</i> = 13)	24.1 (9.8–48.0) ( <i>n</i> = 15)	0.47

Huang J, et al. Bone Marrow Transplant. 2018;53:701-707.

### **TOURMALINE-MM3: Study Design**

### • Multicenter, double-blind, randomized phase III trial

Stratified by induction regimen (PI without IMiD vs IMiD without PI vs PI + IMiD), ISS disease stage (I vs II or III), and post-ASCT response (CR vs VGPR vs PR)

Adult patients with newly diagnosed MM; documented local cytogenetics/ FISH prior to transplant; ≥PR after induction with a PI and/or an IMiD followed by melphalan 200 mg/m<sup>2</sup> + single ASCT within 1 yr of beginning therapy, ECOG PS ≤2 (N = 656)



\*28-day cycles; after 4 cycles, patients were eligible for dose escalation from 3 mg to 4 mg.

Primary endpoint: PFS by IRC review

Secondary endpoint: OS

Dimopoulos MA, et al. ASH 2018. Abstract 301.

### **TOURMALINE-MM3: PFS**

#### **PFS: Overall (Primary Endpoint)**

PFS by MRD Status at Study Entry





• At median follow-up of 31 mo, median OS not reached in either treatment arm

Dimopoulos MA, et al. ASH 2018. Abstract 301.

Table 4. Ongoing trials studying proteasome inhibitors in maintenance therap	у.		
Trial	Stage	Maintenance regimen	Identifier
Carfilzomib	79.47		
Evaluation of the safety and efficay of carfilzomib combined with cyclophosphamide and dexametahsone (CCyd) or lenalidomide and dex (CRd) followed by ASCT or 12 cycles of carfilzomib combined with dex and len for patients eligible for ASCT with newly diagnosed multiple myeloma (FORTE)	Ш	Lenalidomide vs lenalidomide plus carfilzomib until PD	NCT02203643
Carfilzomib/cyclophosphamide/dexametahsone with maintenance carfilzomib in multiple myeloma (Cardamon)	Ш	Carfilzomib for 18 months	NCT02315716
Trial of carfilzomib, lenalidomide, dexamethasone versus lenalidomide alone after ASCT for multiple myeloma	III	Lenalidomide vs carfilzomib, lenalidomide, dexamethasone for 36 months	NCT2659293
Ixazomib			
Safety and efficacy of a triplet combination of MLN9708, lenalidomide and dexamethasonne in the initial management of multiple myeloma (IFM2013-06)	II	Ixazomib for 12 months	NCT01936532
Phase II study if IRD (ixazomib, lenalidomide, dexamethasone) post ASCT followed by maintenance ixazomib or lenalidomide for multiple myeloma	II	Ixazomib vs lenalidomide until PD	NCT02253316
Alternating ixazomib citrate and lenalidomide as maintenance therapy after stem cell transplant in treating patients with multiple myeloma	II	Ixazomib alternate with lenalidomide for 24 months	NCT02619682
Ixazomib plus lenalidomide plus dexamethasone for newly diagnosed myeloma patients	II	Ixazomib plus lenalidomide in high-risk; lenalidomide in standard risk until PD	NCT03376672
Trial studying maintenance treatment with lenalidomide and dexamethasone versus lenalidomide, dexamethasone and MLN9708 after ASCT in patients with newly diagnosed multiple myeloma	Ш	Lenalidomide plus dexametahsone vs ixazomib, lenalidomide, dexametahsone for 24 months in MRD- and 5 yr in MRD+	NCT02406144
Testing the addition of ixazomib to lenalidomide in patients with evidence of residual multiple myeloma, OPTIMUM trial	III	Ixazomib plus lenalidomide vs lenalidomide until PD	NCT03941860

# Elotuzumab + Len-Dex Maintenance in MM: Study Design

### • Phase II trial

Pts with ASCT within 18 mo of starting induction therapy for NDMM, with ≤2 previous lines of therapy, ECOG PS 0-2, and able to start therapy within 60-210 days of ASCT (N<sub>planned</sub> = 100)

Elotuzumab + Lenalidomide + Dexamethasone (n = 68)

• Primary endpoint: PFS

• Secondary endpoints: ORR, OS, safety, SPM

#### **Elotuzumab dosing**

- In first 28 pts: 10 mg/kg IV QW C1-C2, then 10 mg/kg Q2W in C3-6, then 20 mg/kg Q4W C7+
- In next 40 pts: 10 mg/kg IV QW C1-C2, then 20 mg/kg Q4W C3+

#### Lenalidomide dosing

 10 mg/day in C1-C3, then 15 mg/day at physician's discretion\* in C4+

#### **Dexamethasone dosing**

- Pts <75 yr of age: 28 mg PO 3-24 hr preinfusion C1-C2 only, then 4-10 mg IV preinfusion
- Pts ≥75 yr of age: 8 mg PO 3-24 hr preinfusion C1-C2 only, then 4-10 mg IV preinfusion

Pts receive prophylaxis for herpes zoster and DVT per IMWG guidelines

\*Dose increased if no significant cytopenias and no nonhematologic toxicity grade >1.

### Elotuzumab + Len-Dex Maintenance in MM: PFS



- Median follow-up: 23 mo (range, 6.5-37.3)
- Median PFS not reached
  - 2-yr estimated PFS: 88%



- Disease progression occurred in 6 pts
  - 3 with high-risk cytogenetics
  - 3 with standard-risk cytogenetics
- 1 death occurred in pt with high-risk cytogenetics in VGPR

Thomas SK, et al. ASH 2017. Abstract 840.

### Elotuzumab + Len-Dex Maintenance in MM: OS

OS Date of ASCT to Date of Death/Last Contact



### **GRIFFIN Maintenance Phase Update: Study Design**

### • Multicenter, open-label, randomized phase II trial



\*Lenalidomide dose was adjusted in patients with CrCl ≤50 mL/min. <sup>†</sup>Consolidation began 60-100 days after transplantation. <sup>‡</sup>Patients completing maintenance phase were permitted to continue single-agent lenalidomide. <sup>§</sup>15 mg administered only If tolerable.

- Primary endpoint: sCR by end of consolidation with 1-sided  $\alpha$  = .1
- Secondary endpoints: MRD, CR, ORR, ≥VGPR

# GRIFFIN Maintenance Phase Update: Depth of Response Over Time

Deatharf			D-VRd				VRd	
Depth of Response	End of Induction	End of ASCT	End of Consolidation	12 Months of Maintenance Cutoff	End of Induction	End of ASCT	End of Consolidation	12 Months of Maintenance Cutoff
sCR	12.1	21.2	42.4	63.6*	7.2	14.4	32.0	47.4*
CR	7.1	6.1	9.1	18.2*	6.2	5.2	10.3	13.4*
VGPR	52.5	59.6	39.4	14.1	43.3	46.4	30.9	18.6
PR	26.3	12.1	8.1	3.0	35.1	25.8	18.6	13.4
SD/PD/NE	2.0	1.0	1.0	1.0	8.2	8.2	8.2	7.2

\**P* = .0253 for comparison of sCR for D-VRd vs VRd. *P* = .0014 for comparison of  $\geq$ CR.

- Median follow-up at 12-mo maintenance therapy cutoff: 27.4 mo
  - Entered maintenance phase: 87% D-VRd vs 68% VRd; discontinued during maintenance phase: 12% D-VRd vs 17% VRd
- End of induction, ASCT, consolidation data are from primary analysis (median follow-up: 13.5 mo)

#### Kaufman JL, et al. ASH 2020. Abstract 549.

Table 2	Ongoing	phase II	I trials of	maintenance	after ASCT.
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Study	NCT Number	Maintenance
Antibody-based		
Cassiopeia	NCT02541383	Daratumumab versus observation
Auriga	NCT03901963	Daratumumab-Lenalidomide versus Lenalidomide
SWOG1803/BMT CTN 1706		Daratumumab-Lenalidomide versus Lenalidomide
GMMG-HD7	NCT03617731	Isatuximab-Lenalidomide versus Lenalidomide
GMMG-HD6	NCT02495922	Elotuzumab-Lenalidomide versus Lenalidomide
Proteasome inhibitor-based		
ATLAS	NCT02659293	Carfilzomib-Lenalidomide-Dexamethasone versus Lenalidomide
GEM2014MAIN	NCT02046144	Ixazomib-Lenalidomide versus Lenalidomide

### Conclusions

- Currently, there is controversy in recommending consolidation therapy following ASCT, but recent results using novel agents are in favor of this modality
- Lenalidomide maintenance therapy until progression or intolerance is the current approved standard of care in patients who undergo ASCT
- An increased risk of SPMs is associated with lenalidomide maintenance following ASCT, although their benefits in terms of PFS and OS are better than the risk of this complication
- Bortezomib and ixazomib are other excellent choices for maintenance therapy, including patients with high risk
- Future trials will also assess the role of second-generation novel agents, such as carfilzomib, pomalidomide, elotuzumab, daratumumab, and bendamustine as maintenance therapy, either alone or in combination





### Frontline Therapy for Newly Diagnosed Transplant-Ineligible Patients

### Keith Stewart, MBChB, MBA







### Treatment of Newly Diagnosed Transplant-Ineligible Multiple Myeloma

Keith Stewart, MBChB, MBA Professor of Medicine Director, Princess Margaret Cancer Centre Toronto

# Which of the following has not shown significant improvement in PFS?

- A. VRd vs Rd
- B. IRd vs Rd
- C. Dara-Rd vs Rd
- D. VMP-Dara vs VMP
- E. Rd vs MPR

# Treatment of Non–Transplant-Eligible Myeloma, Newly Diagnosed

REASONABLE OPTIONS (frailty, comorbidity, availability, geography all considerations)

- Rd
- CyborD
- RVd
- RVd-lite
- Daratumumab, lenalidomide, dexamethasone
- Daratumumab + VMP

#### RESEARCH ARTICLE | MARCH 19, 2021

# Dose/Schedule-Adjusted Rd-R vs Continuous Rd for elderly, intermediate-fit, newly diagnosed multiple myeloma patients

**U** Clinical Trials & Observations

Alessandra Larocca 🗹 , Francesca Bonello , Gianluca Gaidano , Mattia D'Agostino , Massimo Offidani , Nicola Cascavilla , Andrea Capra , Giulia Benevolo , Patrizia Tosi , Monica Galli , Roberto Marasca , Nicola Giuliani , Annalisa Bernardini , Elisabetta Antonioli , Delia Rota Scalabrini , Claudia Cellini , Alessandra Pompa , Federico Monaco , Francesca Patriarca , Tommaso Caravita , Paolo Corradini , Paola Tacchetti , Mario Boccadoro , Sara Bringhen

### Study Design Rd vs Rd-R

**199 intermediate-fit** patients have been enrolled and could be evaluated<sup>1</sup>



\*The dose and schedule of continuous Rd was the one adopted in patients >75 years in the FIRST trial.<sup>2</sup>

R, lenalidomide; d, dexamethasone; PO, orally; PD, progressive disease.

1. Larocca A, et al. Blood. 2021. doi: 10.1182/blood.2020009507; 2. Hulin C, et al. J Clin Oncol. 2016;34(30):3609-3617.

### Rd vs Rd-R: PFS and OS

### **Progression-Free Survival**



### **Overall Survival**



R, lenalidomide; d, dexamethasone; PFS, progression-free survival; OS, overall survival. Larocca A, et al. *Blood*. 2021. doi: 10.1182/blood.2020009507.

### Rd vs Rd-R: Event-Free Survival Median follow-up 25 months

### **Event-Free Survival**



**Primary endpoint: event-free survival (EFS)** Definition of the event<sup>a</sup>

- Hematologic grade 4 AEs
- Non-hematologic grade 3-4 AEs, including SPM
- Discontinuation of lenalidomide therapy
- Disease progression
- Death for any cause

<sup>a</sup>Related to study drugs.

R, lenalidomide; d, dexamethasone; EFS, event-free survival; AEs, adverse events; SPM, second primary malignancy. Larocca A, et al. *Blood.* 2021. doi: 10.1182/blood.2020009507.

### SWOG S0777: Study Design VRd vs Rd



<sup>a</sup>All patients received aspirin (325 mg/d). <sup>b</sup>Patients received HSV prophylaxis. High-risk cytogenetics included: t(4;14), t(14;16), or del(17p); preliminary data from 316 patients. Durie BGM, et al. ASH 2018. Abstract 1992; Durie BGM, et al. *Lancet*. 2017;389:519-527.

### **Updated Response Assessment**

	Response, n (%)				
	RVd (n = 215)	Rd (n = 207)			
CR	52 (24.2)	25 (12.1)			
VGPR	109 (50.7)	85 (41.1)			
≥VGPR	(74.9)	(53.2)			
PR	33 (15.3)	53 (25.6)			
ORR	194 (90.2)	163 (78.8)			
SD	15 (7.0)	34 (16.4)			
PD or death	6 (2.8)	10 (4.8)			

### SWOG S0777: PFS and OS



Triplet is better than a doublet
### SWOG S0777: Overall Survival Based on current eligibility (N = 460)

	Deaths/N	Median, mo				
Rd	125/225	69 (59-88)				
VRd	102/235	NR				
	<i>P</i> = .0114					

VRd: 55% OS at 7 years

Durie BGM, et al. ASH 2018. Abstract 1992.

# Modified RVD ("RVD-lite") for Elderly/Frail

- Dosing
  - Lenalidomide 15 mg days 1–21 of a 35-day cycle
  - Bortezomib 1.3 mg/m<sup>2</sup> weekly days 1, 8, 15, 22
  - Dexamethasone 20 mg twice weekly for pts ≤75 yr and days 1, 8, 15, 22 for pts >75 yr
- 53 patients treated
- Median age of patients: 72 yr
- iORR: 90% (10 CR, 14 VGPR, 12 PR, 4 SD)
- PFS: 41.9 months
- Toxicities manageable
  - Peripheral neuropathy of any grade was reported in 61%

O'Donnell EK, et al. ASH 2015. Abstract 4217; O'Donnell EK, et al. Blood. 2019;134(suppl 1):3178-3178.

## **CLARION: Study Design**



#### Maximum 9 cycles KMP

**Carfilzomib**<sup>a</sup> 36 mg/m<sup>2</sup> IV days 1, 2, 8, 9, 22, 23, 29, 30 (20 mg/m<sup>2</sup> days 1, 2, cycle 1 only) IV over 30 minutes

Melphalan<sup>b</sup> 9 mg/m<sup>2</sup> and Prednisone 60 mg/m<sup>2</sup> days 1–4

#### Maximum 9 cycles VMP

Bortezomib 1.3 mg/m<sup>2</sup> days 1, 4, 8, 11, 22, 25, 29, 32 (days 4, 11, 25, 32 omitted for cycles 5+) IV or SC

Melphalan<sup>b</sup> 9 mg/m<sup>2</sup> and Prednisone 60 mg/m<sup>2</sup> days 1-4

**Primary endpoint:** PFS

Secondary endpoints: OS, CRR, ORR, grade ≥2 PN rate, HRQOL, safety, and tolerability

Exploratory endpoint: MRD

#### <sup>a</sup>Carfilzomib was administered for 2 weeks out of 3 twice per cycle.

<sup>b</sup>Melphalan dose was 7 mg/m<sup>2</sup> if age was >75 years or CrCl was 30 to < 50 mL/min; 5 mg/m<sup>2</sup> if CrCl was 15 to <30 mL/min.<sup>1</sup>

CRR, complete response rate; CrCl, creatinine clearance; HRQOL, health-related quality of life; ISS, International Staging System; IV, intravenous; KMP, carfilzomib, melphalan, prednisone; MRD, minimal residual disease; ORR, overall response rate; OS, overall survival; PD, progressive disease; PFS, progression-free survival; PN, peripheral neuropathy; SC, subcutaneous; VMP, bortezomib, melphalan, prednisone.

Facon T, et al. Presented at: 16th International Myeloma Workshop; New Delhi, India; March 1-4, 2017.

## Primary Endpoint: Progression-Free Survival



- Median follow-up time: 22.2 months for KMP and 21.6 months for VMP
- The absence of PFS difference was consistent across subgroups

HR, hazard ratio; KMP, carfilzomib, melphalan, prednisone; PFS, progression-free survival; VMP, bortezomib, melphalan, prednisone. Facon T, et al. Presented at: 16th International Myeloma Workshop; New Delhi, India; March 1-4, 2017.

## Secondary Endpoint: Grade ≥2 Neuropathy



• Among patients in the VMP group, 69% received subcutaneous bortezomib throughout their treatment

<sup>a</sup>Standardized MedDRA Query Narrow Search for peripheral neuropathy.

KMP, carfilzomib, melphalan, prednisone; MedDRA, Medical Dictionary for Regulatory Activities; PN, peripheral neuropathy; VMP, bortezomib, melphalan, prednisone. Facon T, et al. Presented at: 16th International Myeloma Workshop; New Delhi, India; March 1-4, 2017.



#### American Society of Hematology Helping hematologists conquer blood diseases worldwide



### The Phase 3 TOURMALINE-MM2 Trial: Oral Ixazomib, Lenalidomide, and Dexamethasone vs Placebo-Rd for Transplant-Ineligible Patients with Newly Diagnosed Multiple Myeloma

Thierry Facon,<sup>1</sup> Christopher P. Venner,<sup>2</sup> Nizar J. Bahlis,<sup>3</sup> Fritz Offner,<sup>4</sup> Darrell J. White,<sup>5</sup> Lotfi Benboubker,<sup>6</sup> Sophie Rigaudeau,<sup>7</sup> Philippe Rodon,<sup>8</sup> Sung-Soo Yoon,<sup>9</sup> Kenshi Suzuki,<sup>10</sup> Hirohiko Shibayama,<sup>11</sup> Xiaoquan Zhang,<sup>12</sup> Godwin Yung,<sup>12</sup> Robert M. Rifkin,<sup>13</sup> Philippe Moreau,<sup>14</sup> Sagar Lonial,<sup>15</sup> Shaji K. Kumar,<sup>16</sup> Paul G. Richardson,<sup>17</sup> and S. Vincent Rajkumar<sup>16</sup> on behalf of the TOURMALINE-MM2 study group

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Electronic poster presentation at the virtual 62nd Annual Meeting of the American Society of Hematology (ASH), December 5–8, 2020. For questions or comments please contact Professor Thierry Facon: Thierry.FACON@CHRU-LILLE.FR.

### Ixazomib-Rd vs Placebo-Rd: PFS



Data cutoff: December 2, 2019.

DOT, duration of treatment; HR, hazard ratio.



- Median follow-up for PFS: 53.3 vs 55.8 months in ixazomib-Rd and placebo-Rd arms, respectively
- Median DOT: 20 cycles in each arm
  - 54% of patients in the ixazomib-Rd arm and 54% in the placebo-Rd arm entered cycle 19
  - Relative dose intensity for all agents was similar between arms

Facon T, et al. ASH 2020. Oral presentation 551.



### Longer TTP With Ixazomib-Rd vs Placebo-Rd





Facon T, et al. ASH 2020. Oral presentation 551.

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## Median OS Not Reached in Either Arm





Facon T, et al. ASH 2020. Oral presentation 551.

S American Society of Hematology

## **ALCYONE: Study Design**



#### **Stratification factors**

- ISS (I vs II vs III)
- Region (EU vs other)
- Age (<75 vs ≥75 years)

- Cycles 1-9: 6-week cycles
- Cycles 10+: 4-week cycles

**Statistical analyses** 

 360 PFS events: 85% power for 8-month PFS improvement

Mateos MV, et al. N Engl J Med. 2018;378(6):518-528.

### ALCYONE



### ALCYONE: MRD Status (10<sup>-5</sup>)



### MAIA: Study Design

• Multicenter, open-label, randomized phase III trial



Dosing: daratumumab, 16 mg/kg IV (QW cycles 1-2, Q2W cycles 3-6, Q4W cycle 7+); lenalidomide, 25 mg QD PO on days 1-21; dexamethasone 40 mg QW PO or IV

- Primary endpoint: PFS
- Secondary endpoints: TTP, CR/sCR, MRD by NGS (10<sup>-5</sup>), PFS2, OS, ORR, safety

# MAIA: ORR



- Rates of ≥CR and ≥VGPR higher, responses deeper with D-Rd vs Rd
- Median DOR: NR with D-Rd vs 44.3 mo with Rd

Kumar SK, et al. ASH 2020. Abstract 2276. Reproduced with permission.

### MAIA: PFS



PFS Event	D-Rd	Rd			
Median PFS, mo	NR	34.4			
PFS rate, %					
• 12 mo	86.2	78.4			
• 24 mo	76.0	61.6			
• 36 mo	67.4	48.4			

- Risk of progression or death reduced 46% with D-Rd vs Rd
- PFS benefit evident across all subgroups, except among small set with reduced hepatic function
  - Median PFS in high-risk subgroup: 45.3 mo with D-Rd vs 29.6 mo with Rd

Kumar SK, et al. ASH 2020. Abstract 2276. Reproduced with permission.

### MAIA: Subgroup Analysis of PFS

	Rd	I	D-Rd					Rd	D	-Rd			
	n/N Med	lian n/N	Median		HR (95% CI)		n/N	Median	n/N	Media	n		HR (95% CI)
Sex						Baseline hepa	tic func	tion					
Male	103/195 32	.3 78/189	9 NE	H	0.60 (0.45-0.81)	Normal	186/34	40 33.8	125/335	5 NE	M	0	.50 (0.40-0.63)
Female	96/174 35	4 63/179	9 NE	м	0.47 (0.34-0.65)	Impaired	13/29	35.1	16/31	29.2	-	► 1	.06 (0.51-2.21)
Age						ISS staging							
<75 yr	105/208 37	.5 71/208	3 NE	M	0.50 (0.37-0.68)	1	39/10	3 51.2	28/98	NE	<b>H---</b>	0	.60 (0.37-0.97)
≥75 yr	94/161 31	.4 70/160	) NE	M	0.58 (0.43-0.79)	II	92/15	6 29.7	61/163	NE	<b>M</b>	0	.46 (0.34-0.64)
Race						Ш	68/11	0 24.2	52/107	42.4	<b>H</b>	0	.59 (0.41-0.85)
White	179/339 <mark>34</mark>	.5 127/33	6 NE	M	0.54 (0.43-0.67)	Type of MM							
Other	20/30 30	.4 14/32	NE	<b>H</b>	0.55 (0.28-1.09)	lgG	117/23	31 38.7	91/225	NE	H	0	.67 (0.51-0.88)
Region						Non-IgG	49/76	0 23.5	26/74	NE	<b>H</b>	0	.36 (0.22-0.58)
North Americ	a 57/102 <mark>30</mark>	.4 42/102	L NE		0.53 (0.36-0.80)	Cytogenic risk	at stud	y entry					
Other	142/267 36	.9 99/26	7 NE		0.54 (0.41-0.69)	High risk	28/44	4 29.6	23/48	45.3		0	.57 (0.33-1.00)
Baseline rena	l function (Cr	CI)				Standard risk	153/27	79 34.4	99/271	NE		0	.48 (0.38-0.62)
>60 mL/min	117/227 37	.4 75/200	5 NE		0.53 (0.40-0.71)	ECOG PS score	9						
≤60 mL/min	82/142 29	.7 66/162	2 NE		0.53 (0.38-0.73)	0	68/12	3 39.6	42/127	NE	M	0	.45 (0.31-0.67)
			_			1	92/18	7 35.1	72/178	NE	<b>H</b>	0	.61 (0.45-0.84)
			0.0	0.5 1.	0 1.5 2.0	≥2	39/53	3 23.5	27/63	NE	H	0	.52 (0.31-0.85)
			Favor	s D-Rd	Favors Rd					0.0	0.5 1.	.0 1.5 2.0	)
										Favor	rs D-Rd	Favors F	۰ ۲d

## **Clinical Take-Homes: Induction Therapy**

#### **Transplant-Ineligible Patients**

- VRD-lite and Rd remain standards
- Daratumumab + Rd is a new entrant
- Other daratumumab-based combinations (eg, VMP-Dara) are FDA approved and incorporated into treatment guidelines on the basis of phase III evidence
- **Future:** Rd-daratumumab (subQ)
- Long-term future: Introduction of venetoclax and T-cell engagers?

# When using Rd as induction in an elderly patient, which of the following statements is true?

- A. Full-dose lenalidomide 25 mg continuous provides the best outcomes
- B. Dexamethasone 20 mg weekly until progression provides optimal results
- C. Fixed-duration therapy is recommended to avoid second primary malignancies
- D. Lenalidomide 10 mg is recommended after fixed-duration lenalidomide and dexamethasone
- E. Lenalidomide should not be used if creatinine clearance is less than 45





Patient Case Discussion: Newly Diagnosed + Relapsed/Refractory Multiple Myeloma

Eloísa Riva, MD Hospital de Clínicas, Montevideo, Uruguay

APTITUDE HEALTH

# **Patient History and Frontline Therapy**

> 48 y/o male, previously healthy. Engineer

- > Feb 2019: bone pain and anemia
  - Blood tests: Hb 8 g/dL, no CPC. Creatinine 2.3 mg/dL. Calcium 12 mg/dL. Alb 3.8 g/dL.
    LDH elevated. B2 microglobulin 5770 mg/dL. MC 5.2 g/dL, IgG lambda. Immunoparesis
  - Urine test: 24h proteinuria 2 g. Lambda+
  - Bone marrow biopsy: 80% clonal plasma cells. t(14;16)+
  - Imaging: spine-pelvic MRI multiple lytic lesions on thoracic and lumbar spine

```
> MM IgG lambda, IIIB, RISS III, t(14;16)+
```



# How do you treat young, high-risk MM patients?

- a) VRd plus tandem ASCT plus bortezomib maintenance
- b) Dara-VRd plus ASCT plus bortezomib maintenance
- c) KRD
- d) Dara-KRd
- e) Other?



# **Patient History and Frontline Therapy**

> Frontline therapy

- VRD × 6, achieving VGPR
- Tandem autologous SCT (08/2019 and 01/2020)
- Bortezomib maintenance



# **Relapsed/Refractory Setting**

#### 3 months post-second aSCT

- Asymptomatic
- VGPR. MC 0.3 g/dL. sFLC kappa 12 and lambda 50 mg/L
- Bone marrow 5% plasma cells
- · No proteinuria

#### 5 months post-transplantation

- Numb sensation over his left chin spreading into his left lower anterior teeth
- Mild masticatory impairment
- No infection or local trauma. No dental surgery
- MRI imaging (head and neck): no abnormalities

#### 6 months post-transplantation

- Bone pain, dysarthria, and weakness. Masticatory impairment plus dysphagia
- 5-kg loss
- Exam: disorientation, bradypsychia, and dysarthria. Left hemitongue atrophy. Posterior right pillar palsy. Palpable tumor in the 7th left costal arch of 5 cm
- Hb 7 g/dL, Plt 20000/UI, no CPC
- Creatinine 2.8 mg/dL, Ca 14 mg/dL
- MC 0.5 (lambda) and 0.3 g/dL (IgG lambda)
- sFLC kappa 9.7 mg/L, lambda 4470 mg/L
- B2 microglobulin 59 mg/dL. LDH × 3VN. Alb 2.3 g/dL
- BM: 70% clonal plasma cells. CG/FISH: no abnormalities



# Imaging at Relapse

> Brain MRI: multiple lytic lesions on skull cap and base, with dural enhancement. Clivus involvement by a soft tissue component with intracranial extension and dural thickening with a slight mass effect in the temporal lobe

>LP+ immunophenotype: no infiltration, no infection (bacterial, virus, TBC, and fungal)





### **18-FDG PET-CT**









#### Dr Eloísa Riva. Montevideo, Uruguay

### Treatment in the Relapsed/ Refractory Setting

- > Second-line therapy
- > Jul 2020: Cyc-dex followed by HCVAD-MA plus bw it mtx/cytarabine
  - TLS. Dialysis (2)
  - Partial clinical improvement. FLC lambda 340 mg/L. Creatinine 1.1 mg/dL. Calcium 8 mg/dL
- > Sep 2020: daratumumab-pomalidomide-dexamethasone
  - CR at 2 months
  - CR at 7 months of therapy
  - Complete resolution of neurologic symptoms. Mild hemitongue atrophy
  - Hb 12 g/dL, PLT 76000/UI, PEF and IFE-, sFLC normal
  - 18-FDG PET-CT: Unchanged lytic lesions. No abnormal masses. Complete metabolic regression

# **Points for Discussion**

50 y/o MM IgG lambda, RISS 3, t(14;16)+. VRd × 6, tandem ASCT, bortezomib maintenance. Early aggressive relapse. HCVAD-MA followed by DPd. CR 7 months.

- a) How do you treat aggressive MM relapse?
- b) What is the role of allogeneic SCT?
- c) Would MRD status define change of therapy?
- d) What would you choose as next treatment?







### Session Close – Audience Response Questions

Rafael Fonseca, MD







Which of the following is not part of the new criteria for treatment initiation in MM? [repeated question]

- a) Plasma cells >60%
- b) Deletion 17p
- c) Two or more lesions on an MRI
- d) Extreme abnormalities in the free light chains





Which of the following is not true in the treatment of newly diagnosed MM? [repeated question]

a) Deep responses are associated with better outcomes

- b) VGPR is an accepted benchmark as evidence of a good response
- c) Clinical trials are considering risk stratification
- d) Regimens that contain daratumumab have further increased response rates
- e) Maintenance prolongs overall survival for MM patients



### **Thank You!**

> Please complete the evaluation survey that will be sent to you via chat

> The meeting recording and slides presented today will be shared on the www.globalmmacademy.com website

# **THANK YOU!**







### Global Multiple Myeloma Academy Emerging and Practical Concepts in Multiple Myeloma

### **SEE YOU TOMORROW!**



